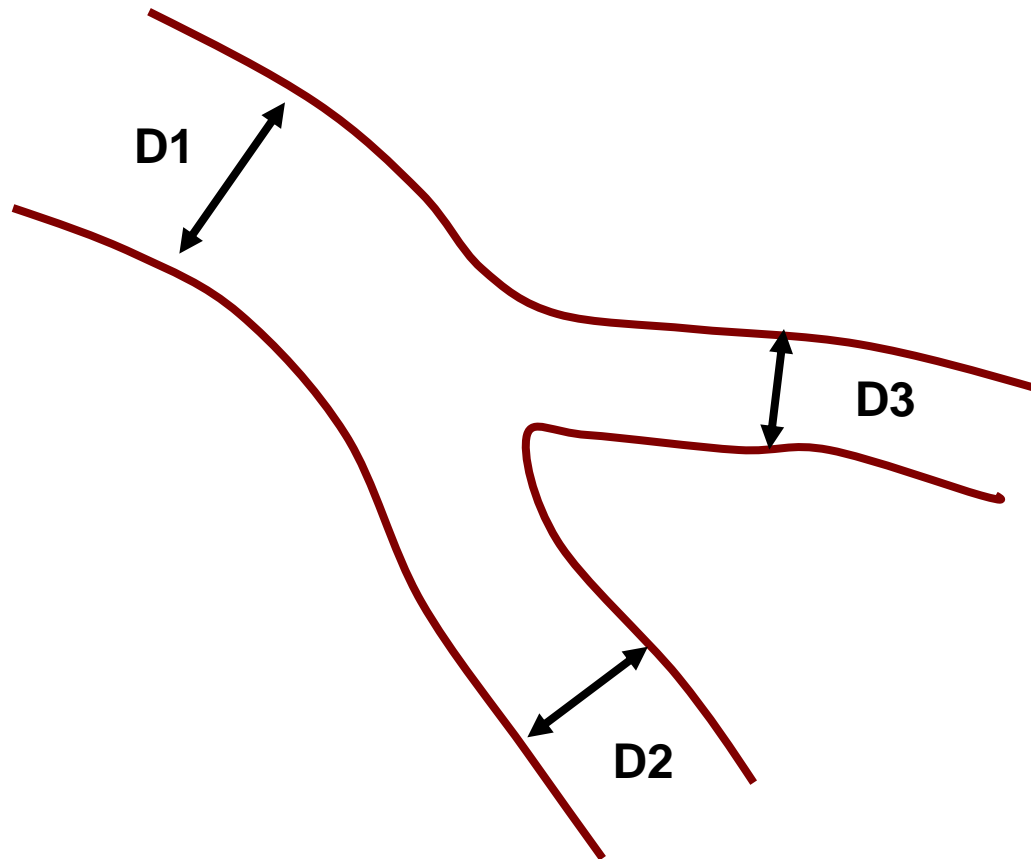


# Post-stent Optimization After Bifurcation Stenting: POT and Kissing Balloon

Yves Louvard, ICPS,  
Massy, Générale de Santé,  
France

# Bifurcation branching laws



## Murray's law

$$D_1^3 = D_2^3 + D_3^3$$

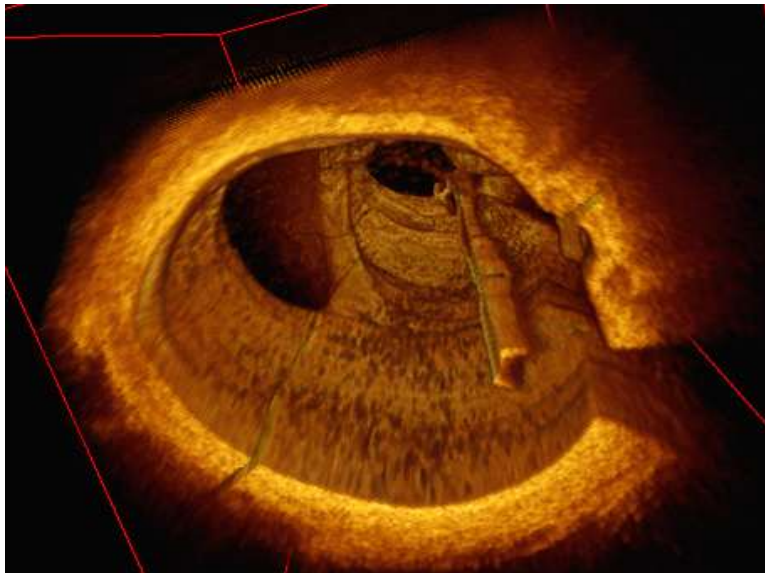
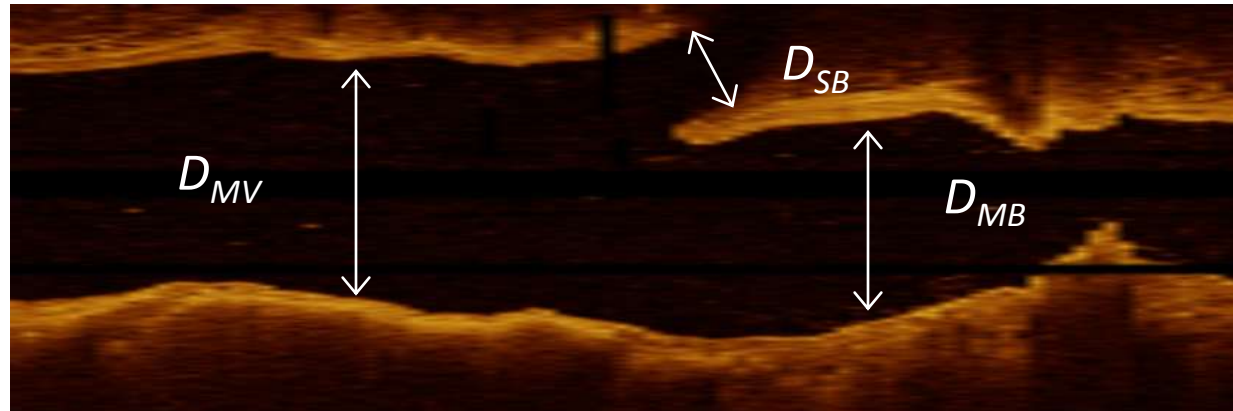
## Finet's formula

$$D_1 = 0.67(D_2 + D_3)$$

## Huo-Kassab formula

$$D_1^{2.3} = D_2^{2.3} + D_3^{2.3}$$

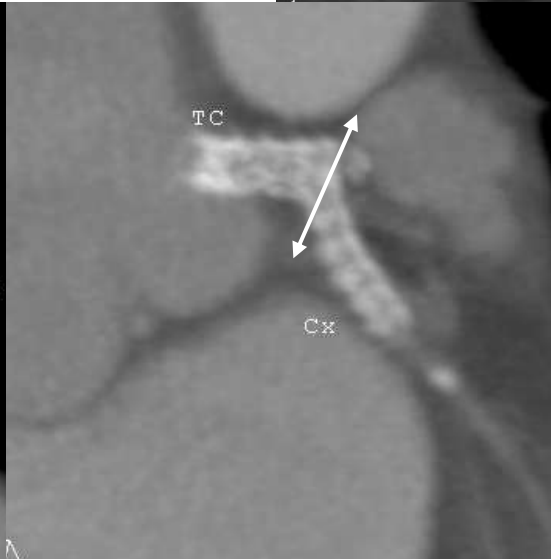
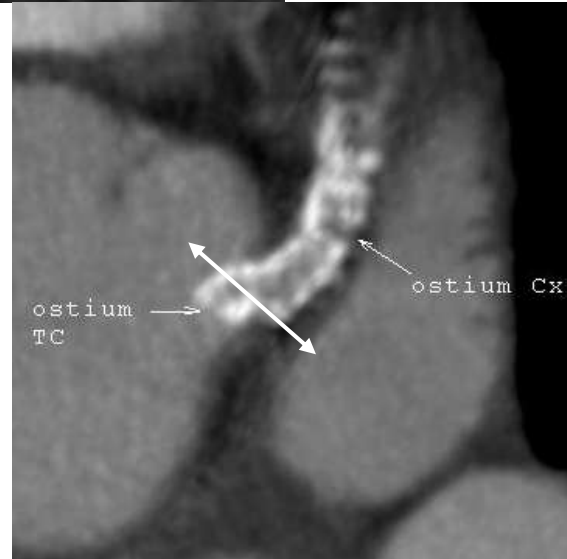
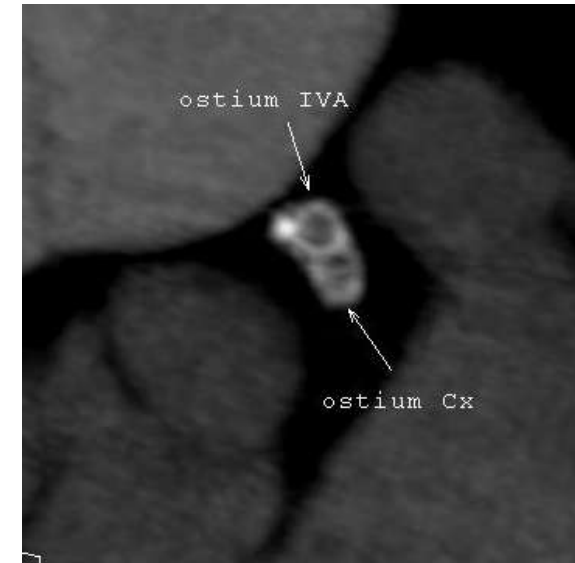
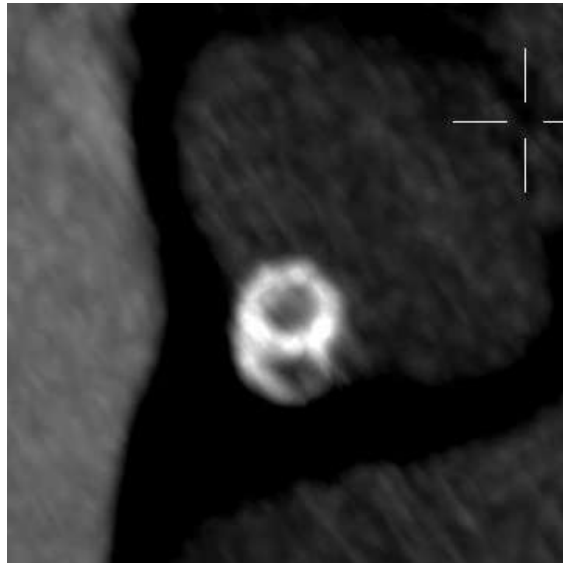
# Anatomy of Bifurcations



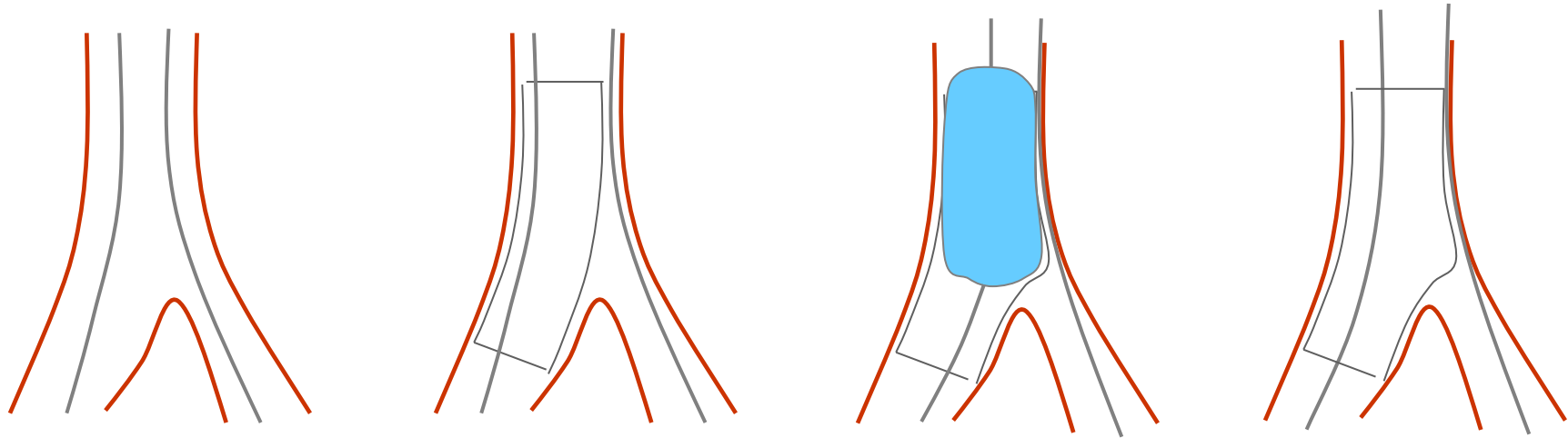
	Principle	Relation	Ratio $D_m/D_d$ for $D_{d1} \sim D_{d2}$
Murray's law	Minimum Work	$D_m^3 = D_{d1}^3 + D_{d2}^3$	1.26
HK: Huo-Kassab	Minimum Energy	$D_m^{7/3} = D_{d1}^{7/3} + D_{d2}^{7/3}$	1.35
Flow conservation	$Q_m = Q_{d1} + Q_{d2}$	$D_m^2 = D_{d1}^2 + D_{d2}^2$	1.4
Finet	Measurement	$D_m = 0.678 (D_{d1} + D_{d2})$	1.36

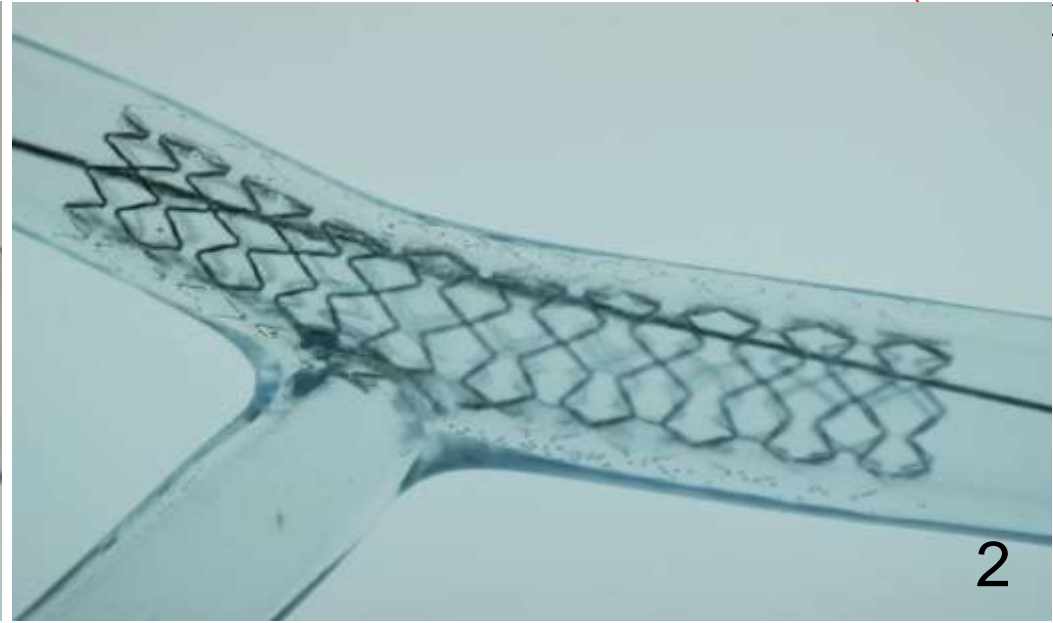
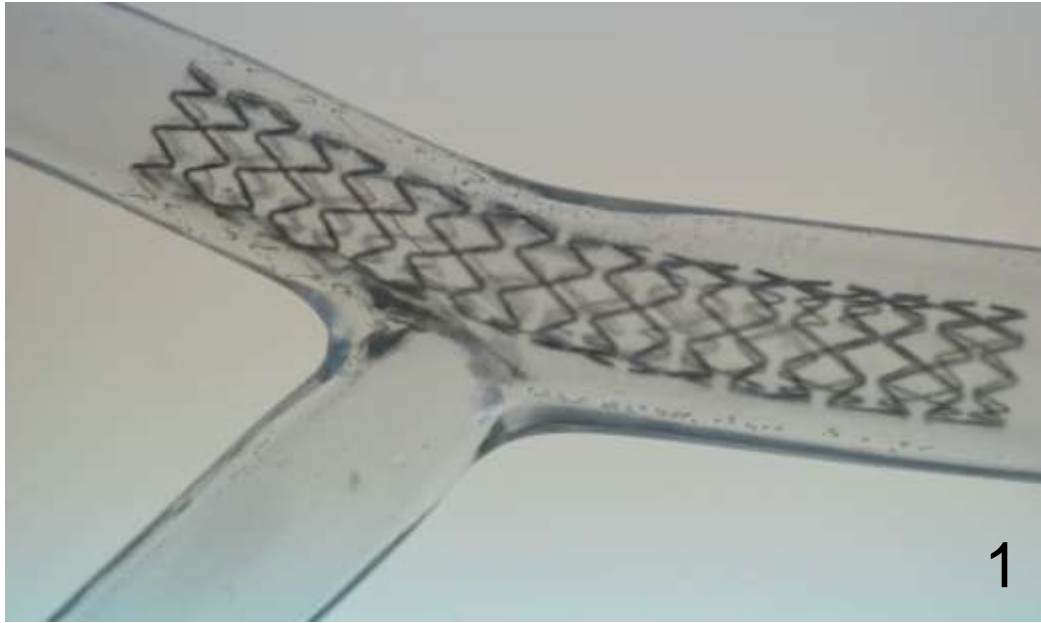
## POT: what for ?

- To give 2 « normal » diameters to the cross-over stent
- To avoid wire exchange outside the proximal part of the stent
- To help wire crossing toward the SB through the most distal cell
- To open the access to the provisional SB stenting

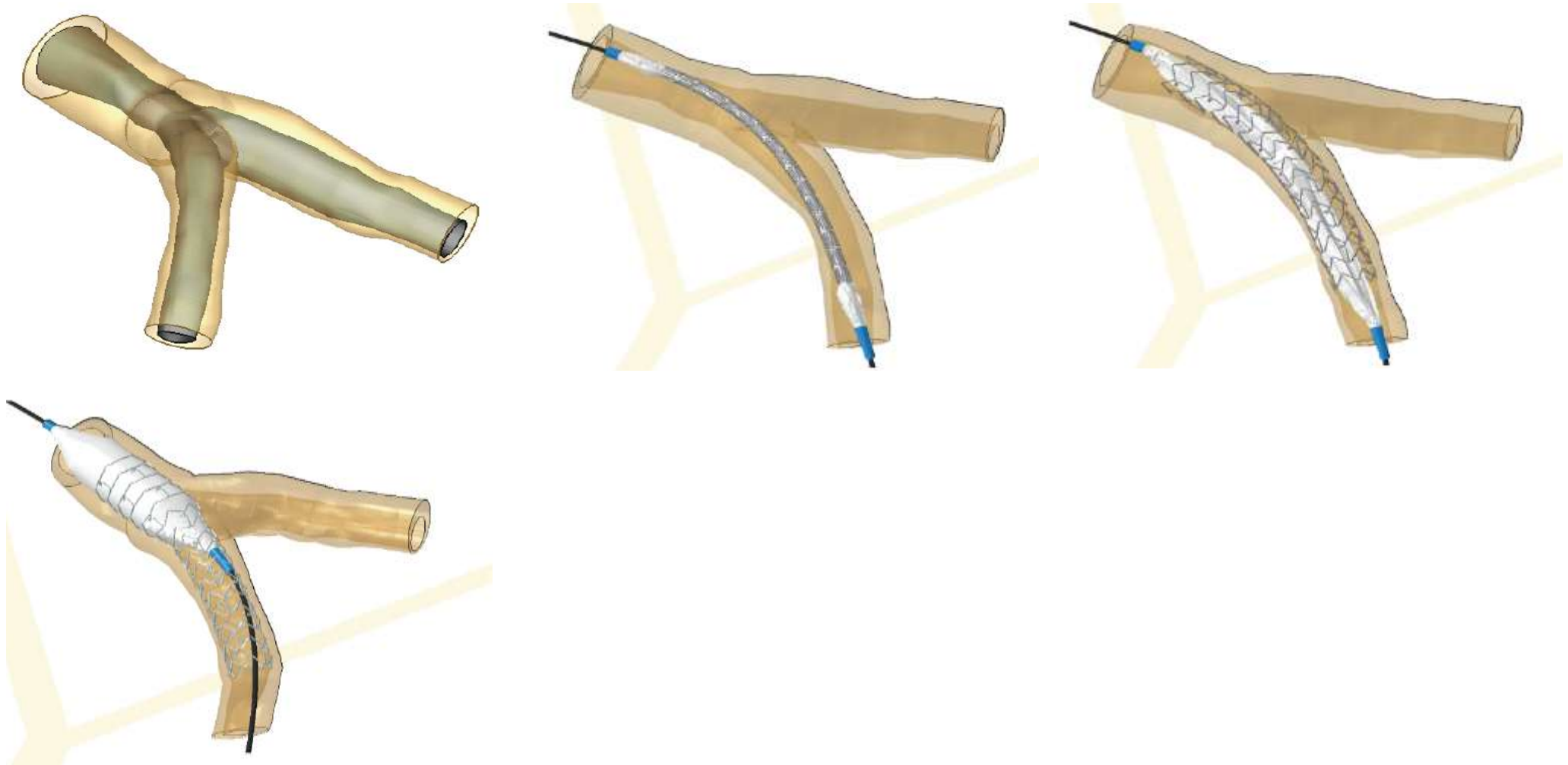


# Provisional Side Branch Stenting: Step-by-step procedure





## Patient's specific stenting simulation (Xience Prime)

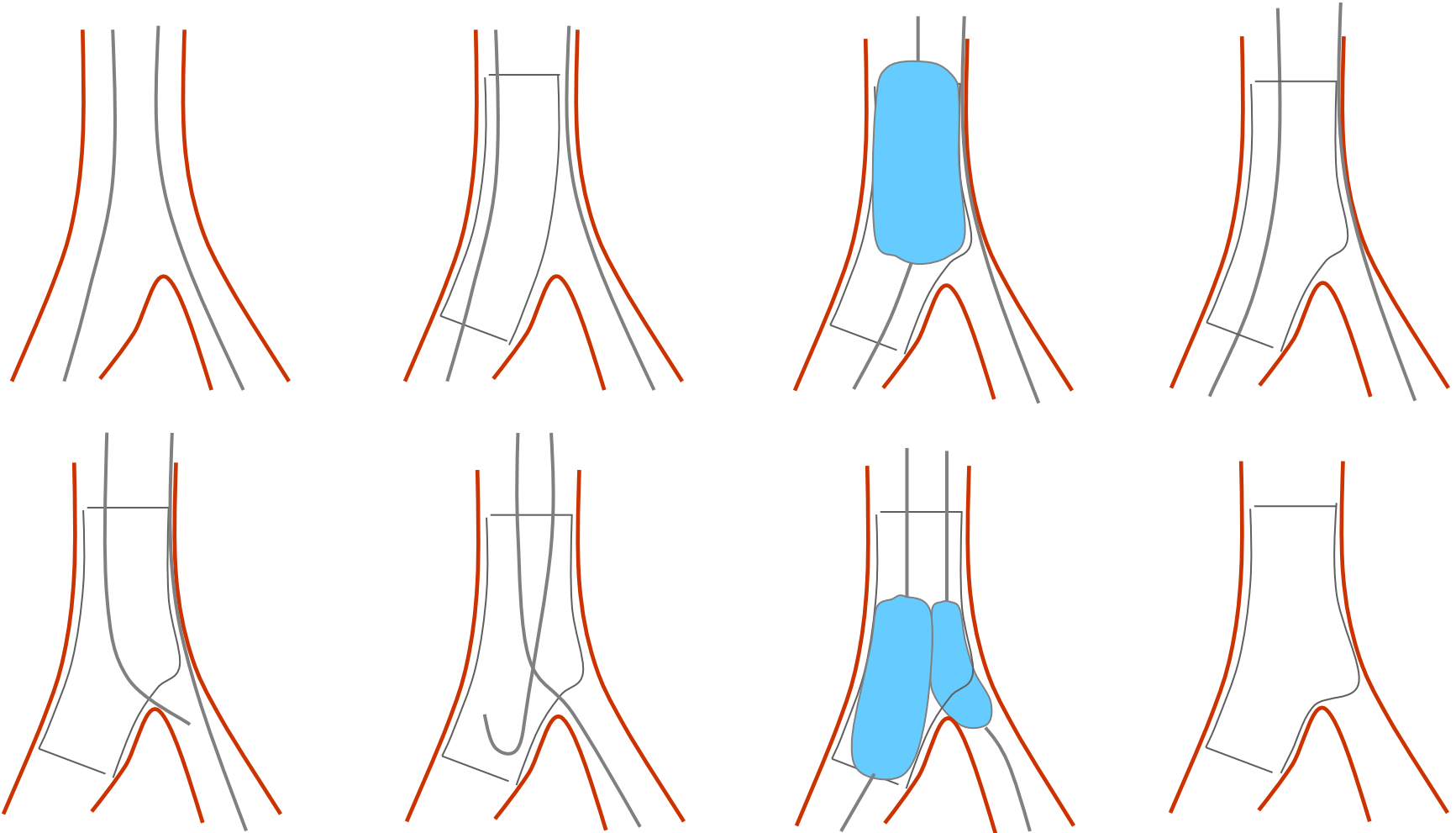


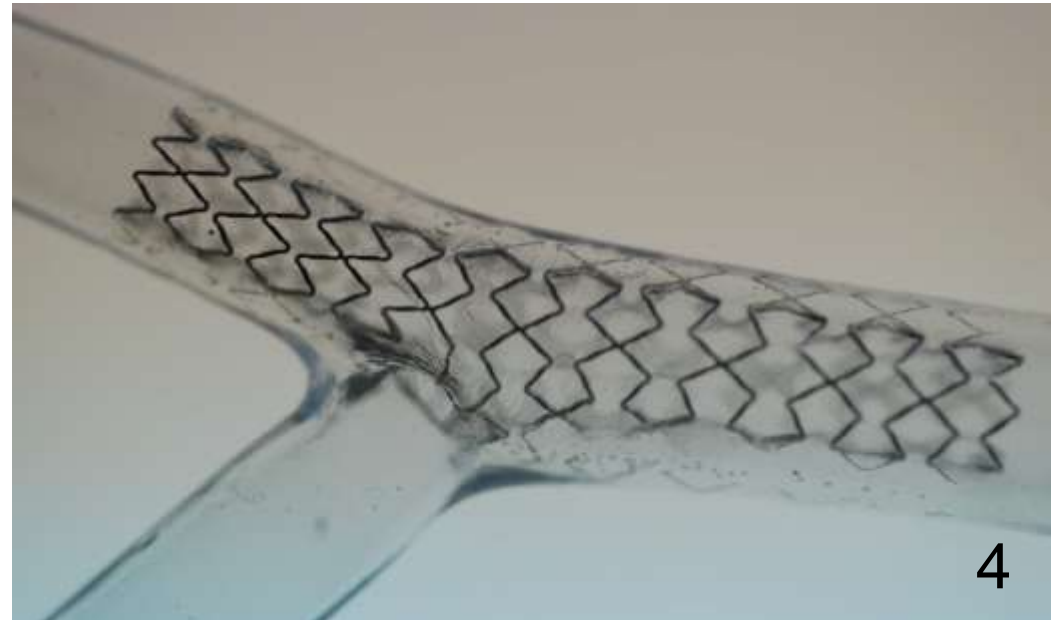
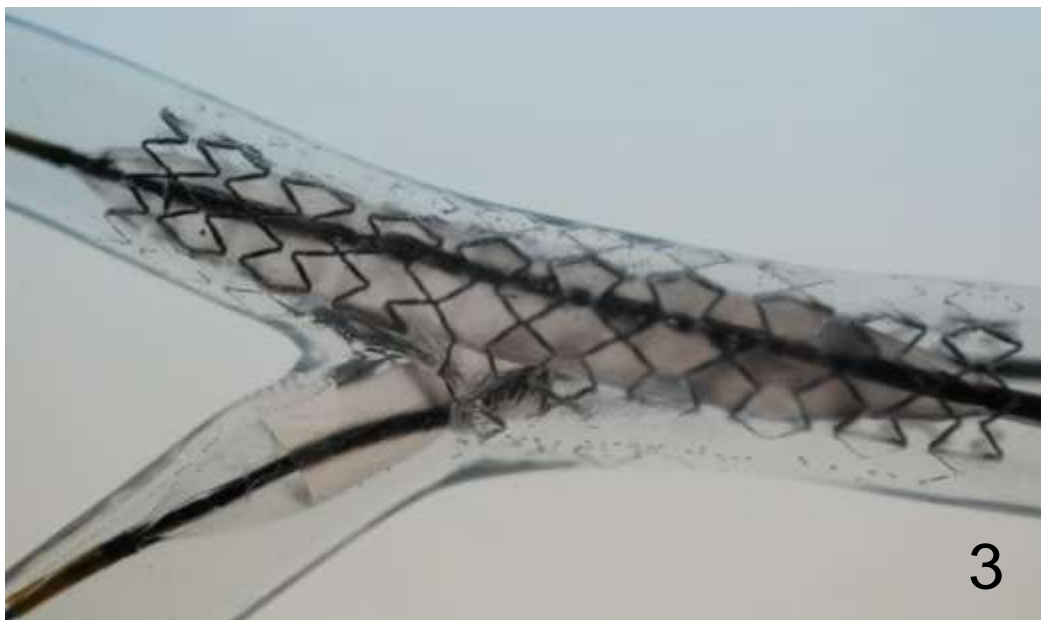
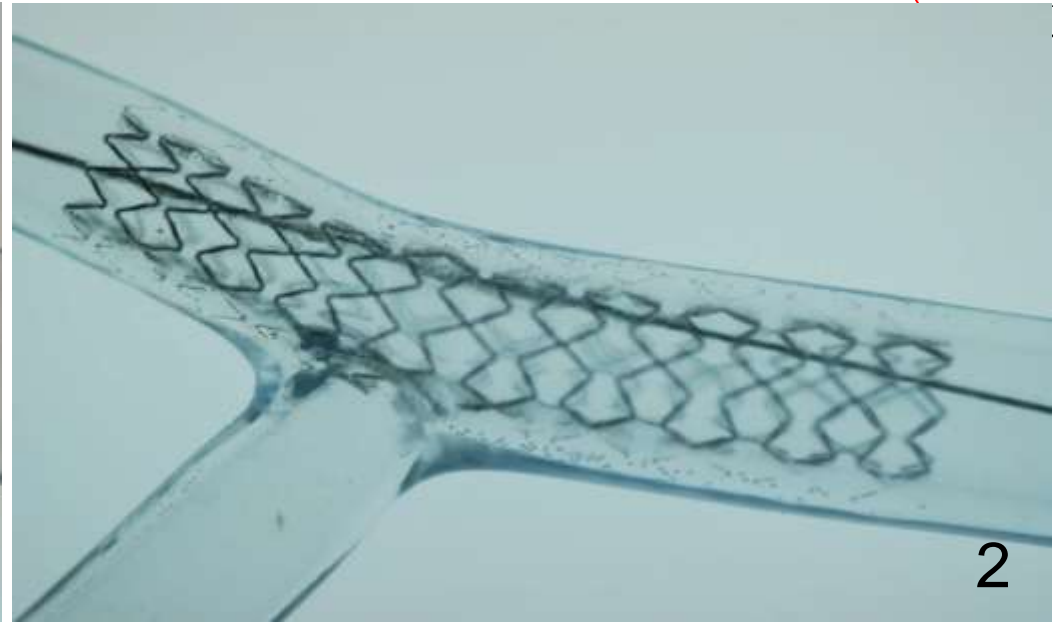
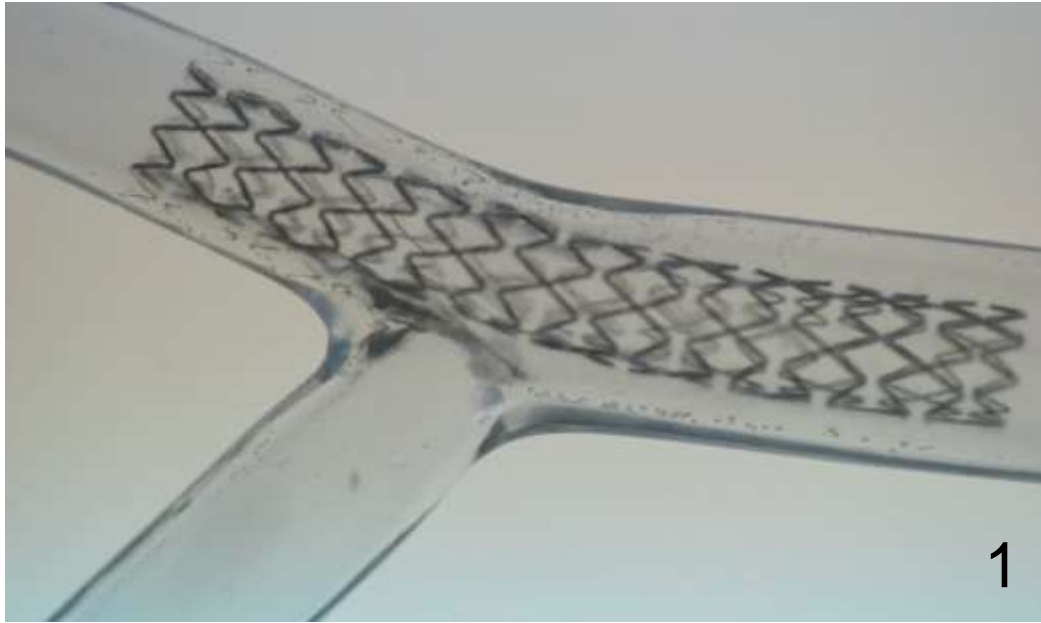


## Final kissing balloon: what for ?

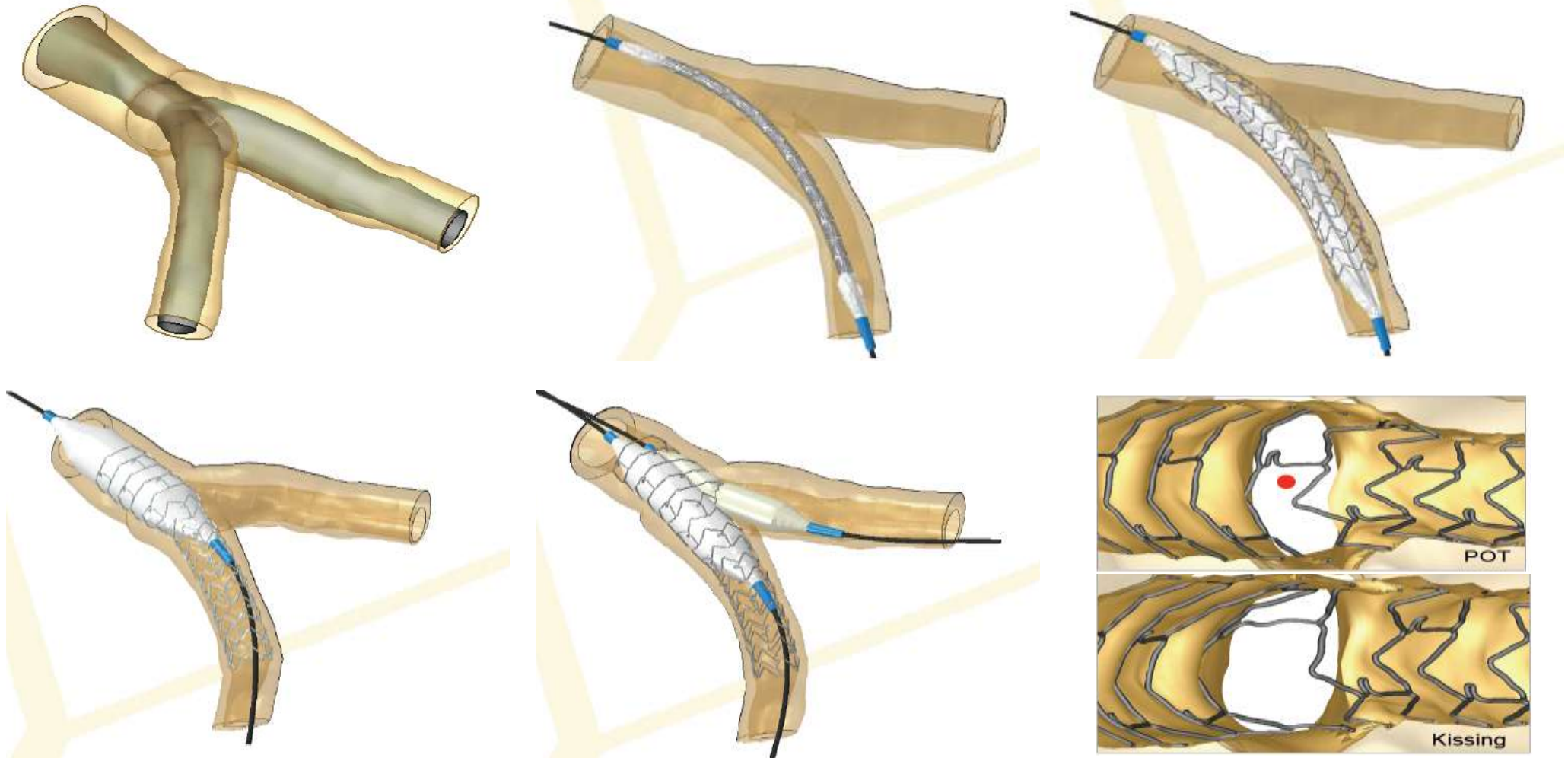
- To treat an ostial SB stenosis / carena-plaque shift
- To open the stent jail
- To place the carena in its proper position for flow sharing

# Provisional Side Branch Stenting: Step-by-step procedure



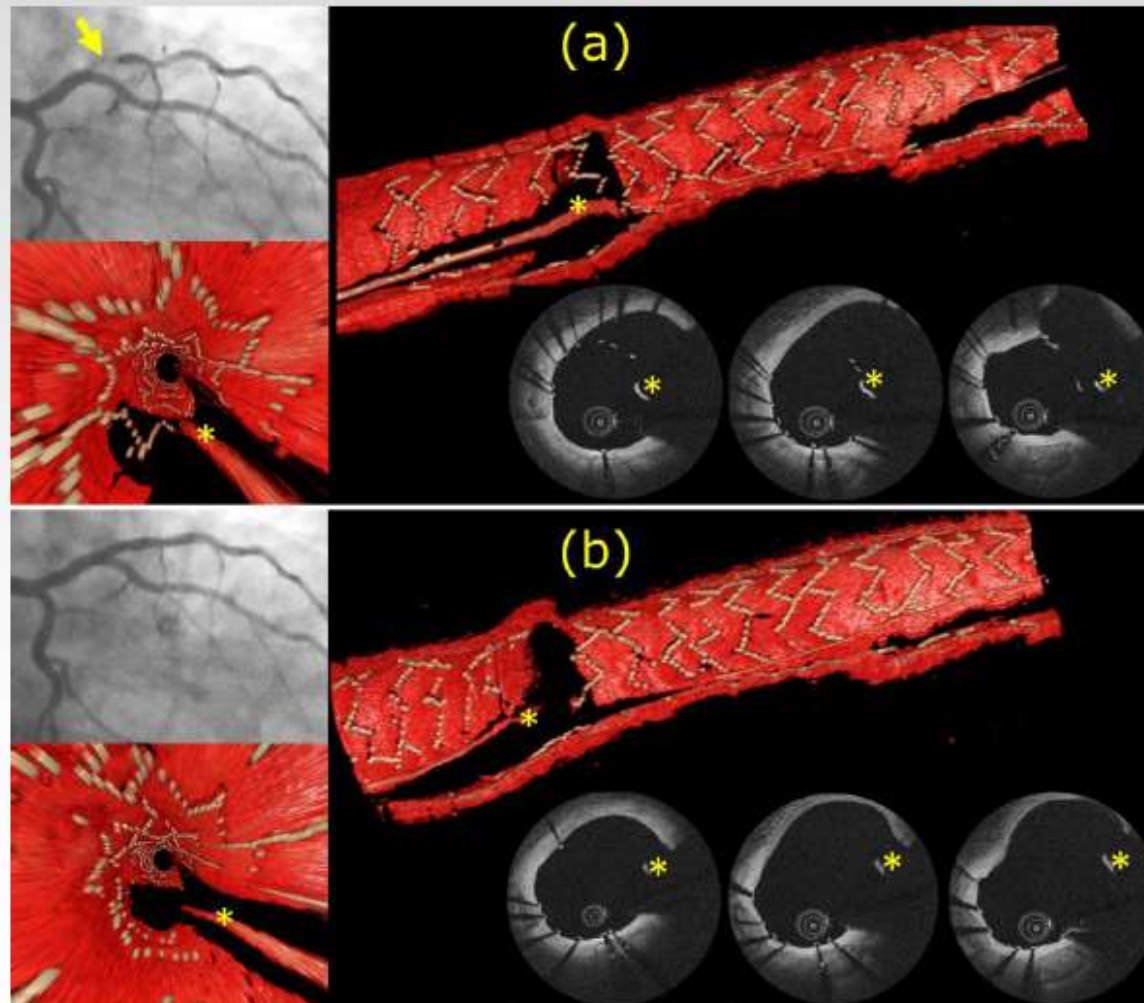


## Patient's specific stenting simulation (Xience Prime)





## 2D vs. 3D OCT assessment of wire re-crossing




Ughi et al. Eur Heart J Cardiovasc Img 2013



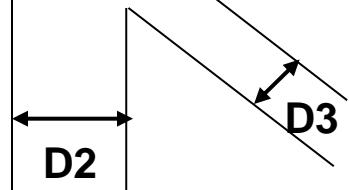
**Stent diameter  
= PM diameter**

**D1**

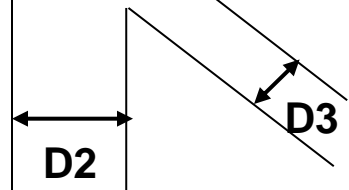


$$D1 = (D2 + D3) \frac{2}{3}$$

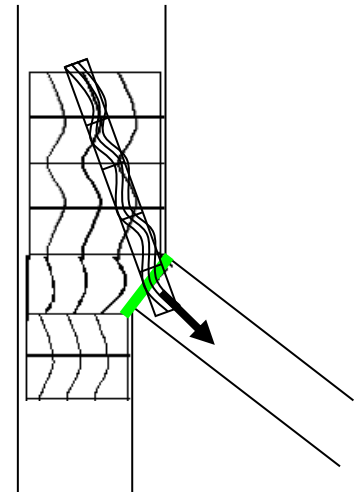
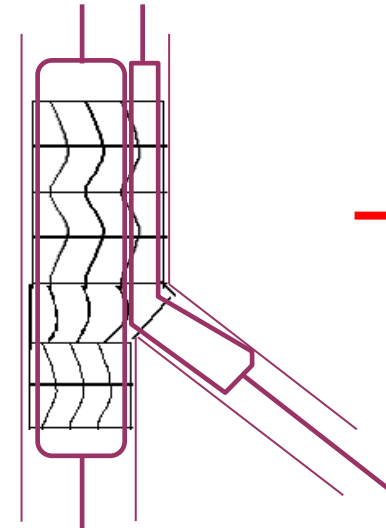
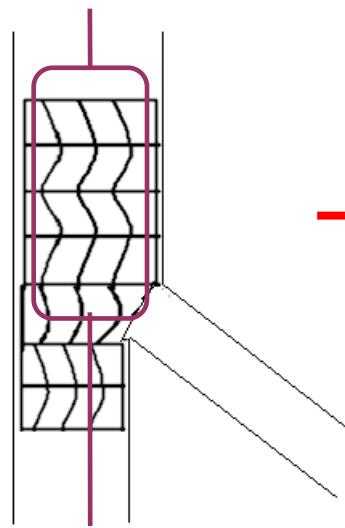
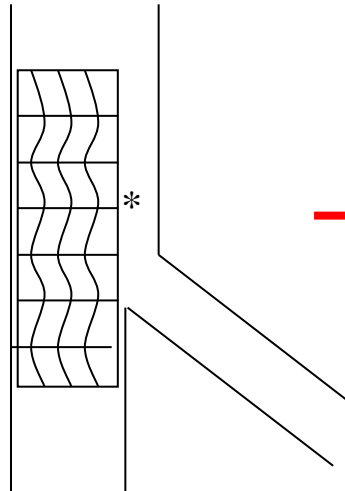
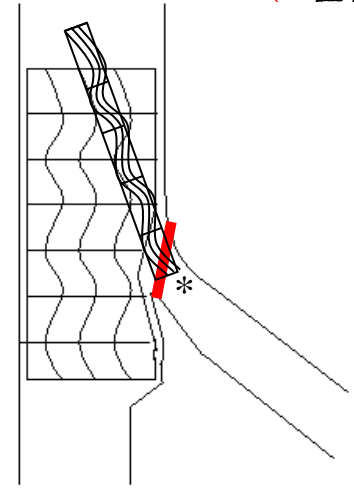
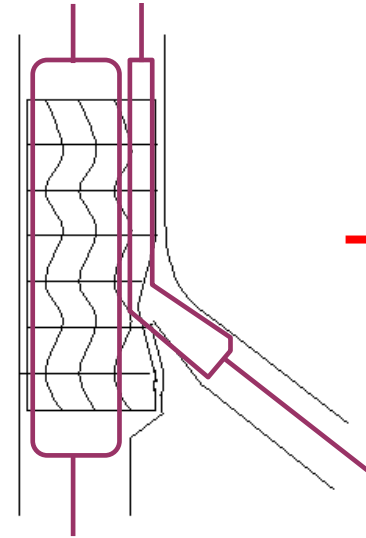
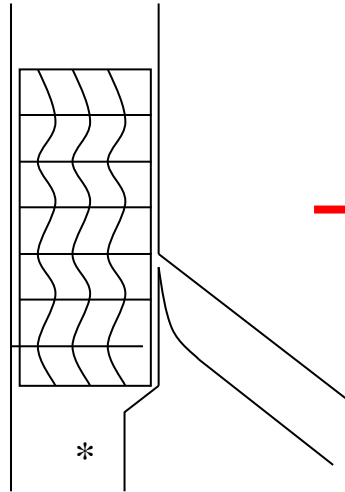
**D2**



**D3**



**Stent diameter  
= DM diameter**



**POT**

**Datas:**  
**POT ? FKB ?**

# Randomized Comparison of Final KB Dilatation Versus No Final KB Dilatation in Patients With Coronary Bifurcation Lesions Treated With Main Vessel Stenting. The Nordic-Baltic Bifurcation Study III

## Individual Components of MACEs and Clinical Outcomes at 6 Months

	No FKBD (n=239), n (%)	FKBD (n=238), n (%)	<i>P</i>
Noncardiac death	0 (0)	1 (0.4)	0.49
Cardiac death	0 (0)	2 (0.8)	0.24
Index lesion MI*	3 (1.3)	1 (0.4)	0.62
TLR	4 (1.7)	3 (1.3)	1.00
CCS class $\geq 2$ angina	29 (12.0)	28 (11.7)	1.00
Stent thrombosis	1 (0.4)	1 (0.4)	1.00



# Randomized Comparison of Final KB Dilatation Versus No Final KB Dilatation in Patients With Coronary Bifurcation Lesions Treated With Main Vessel Stenting. The Nordic-Baltic Bifurcation Study III

Variable	True Bifurcation Subgroup			Nontrue Bifurcation Subgroup		
	FKBD (n=92)	No FKBD (n=80)	P	FKBD (n=72)	No FKBD (n=82)	P
In-segment MV						
DS, %	22±15	22±15	0.85	22±14	21±12	0.90
≥50% DS, n (%)	3 (3.8)	2 (2.2)	0.67	3 (4.2)	1 (1.2)	0.34
Ostial 5 mm of the SB						
MLD, mm	1.71±0.42	1.50±0.53	0.005	1.79±0.54	1.77±0.61	0.79
DS, %	25±14	32±21	0.009	23±15	27±19	0.21
≥50% DS, n (%)	7 (7.6)	16 (20)	0.024	6 (8.3)	9 (11)	0.79

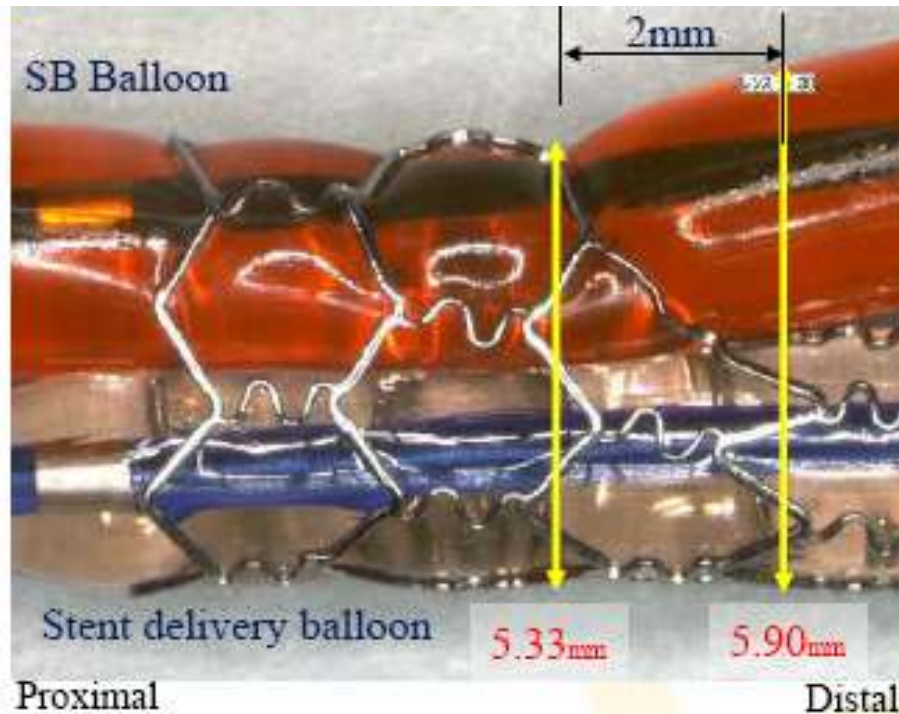
# Long-Term Clinical Results and Predictors of Adverse Outcomes After DES Implantation for Bifurcation Lesions in a Real-World Practice– The COBIS Registry –

## Independent Risk Factors for MACE and TLR

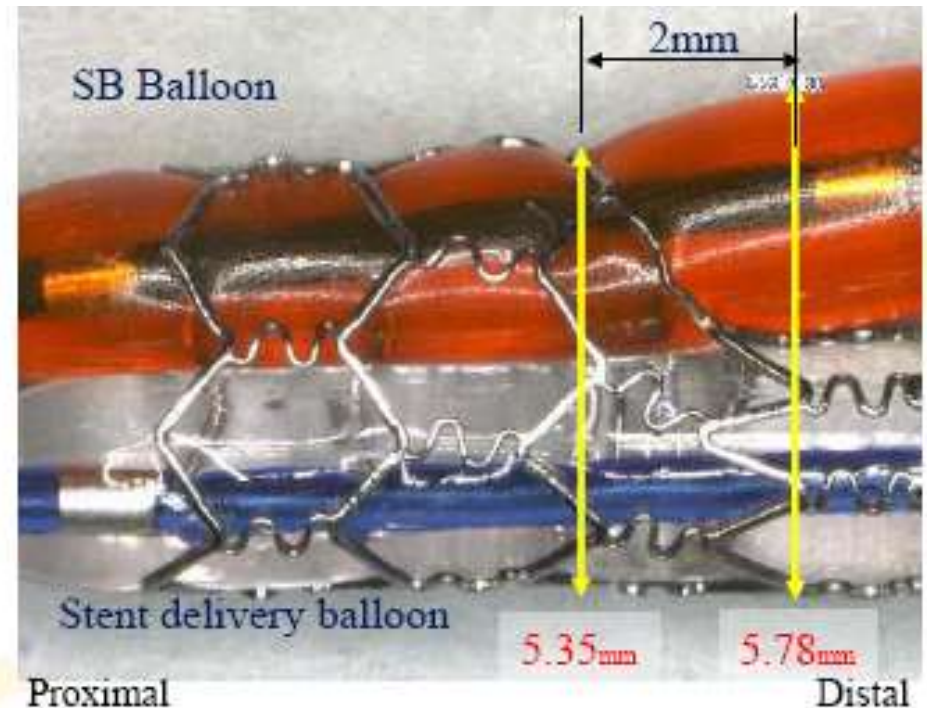
	HR (95%CI)	P value
<b>MACE</b>		
Final kissing ballooning	2.01 (1.29–3.13)	0.002
Use of paclitaxel-eluting stent	1.98 (1.34–2.92)	0.001
Stent length in the main vessel	1.02 (1.001–1.03)	0.03
<b>TLR</b>		
Final kissing ballooning	3.09 (1.84–5.16)	<0.001
Use of paclitaxel-eluting stent	2.28 (1.45–3.59)	<0.001
Stent length in the main vessel	1.02 (1.01–1.04)	0.01
Stent diameter in the main vessel	0.42 (0.20–0.89)	0.02

# How to kiss ?

# Non compliant high pressure balloons for kissing



Semi-Compliant Balloon  
(Ryujin Plus, Terumo)

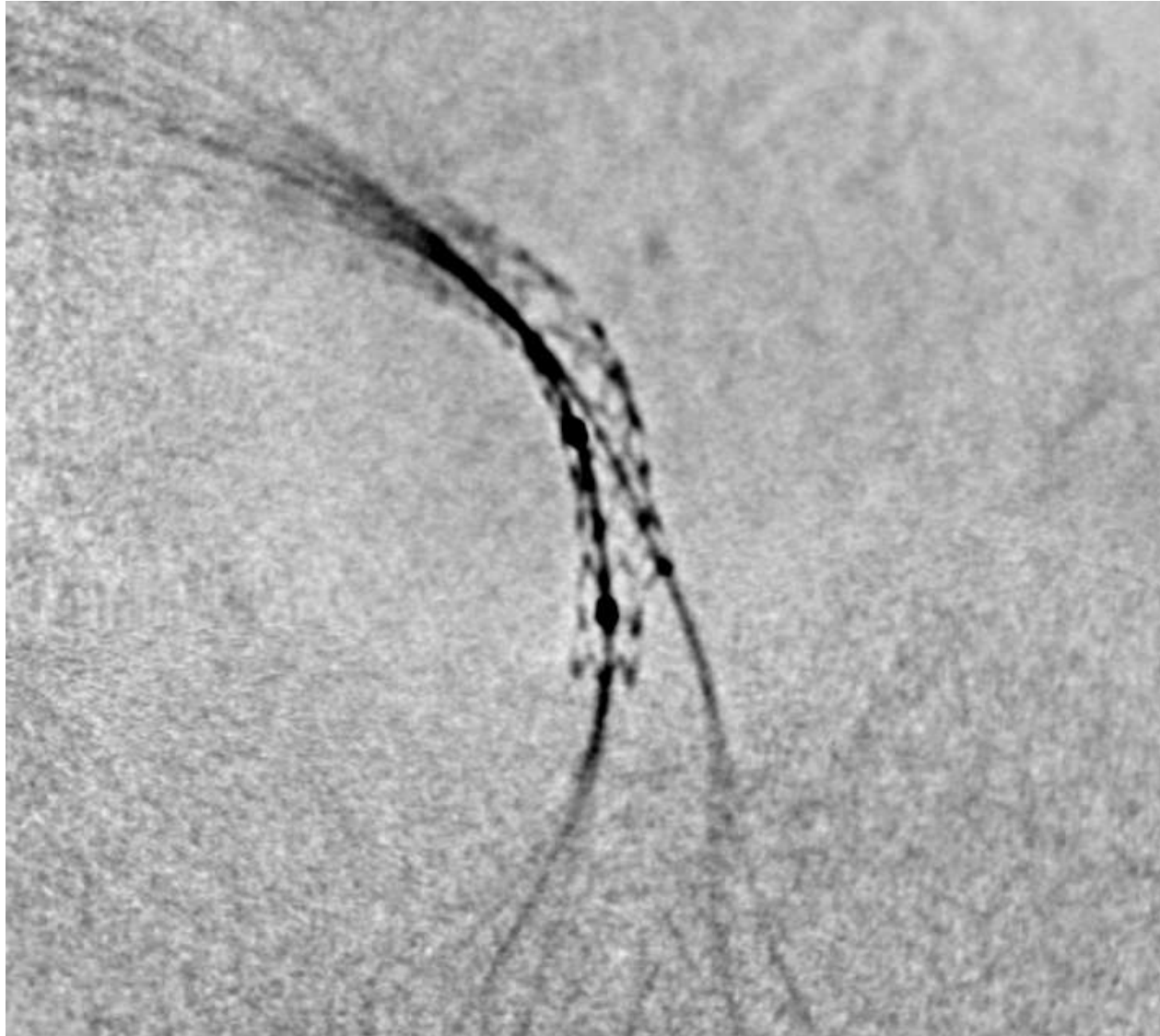


Non-Compliant Balloon  
(Hiryu, Terumo)

# Kissing With NC Balloons

## Toulouse Rangueil / Massy Pilot Study (StentBoost)

Bifurcation lesions (n)	100
FKB success (%)	100
FKB success without SB opening (%)	97
Metal projection in SB (%)	89
Need for SB stenting (%)	7
In-hospital MACE (%)	0

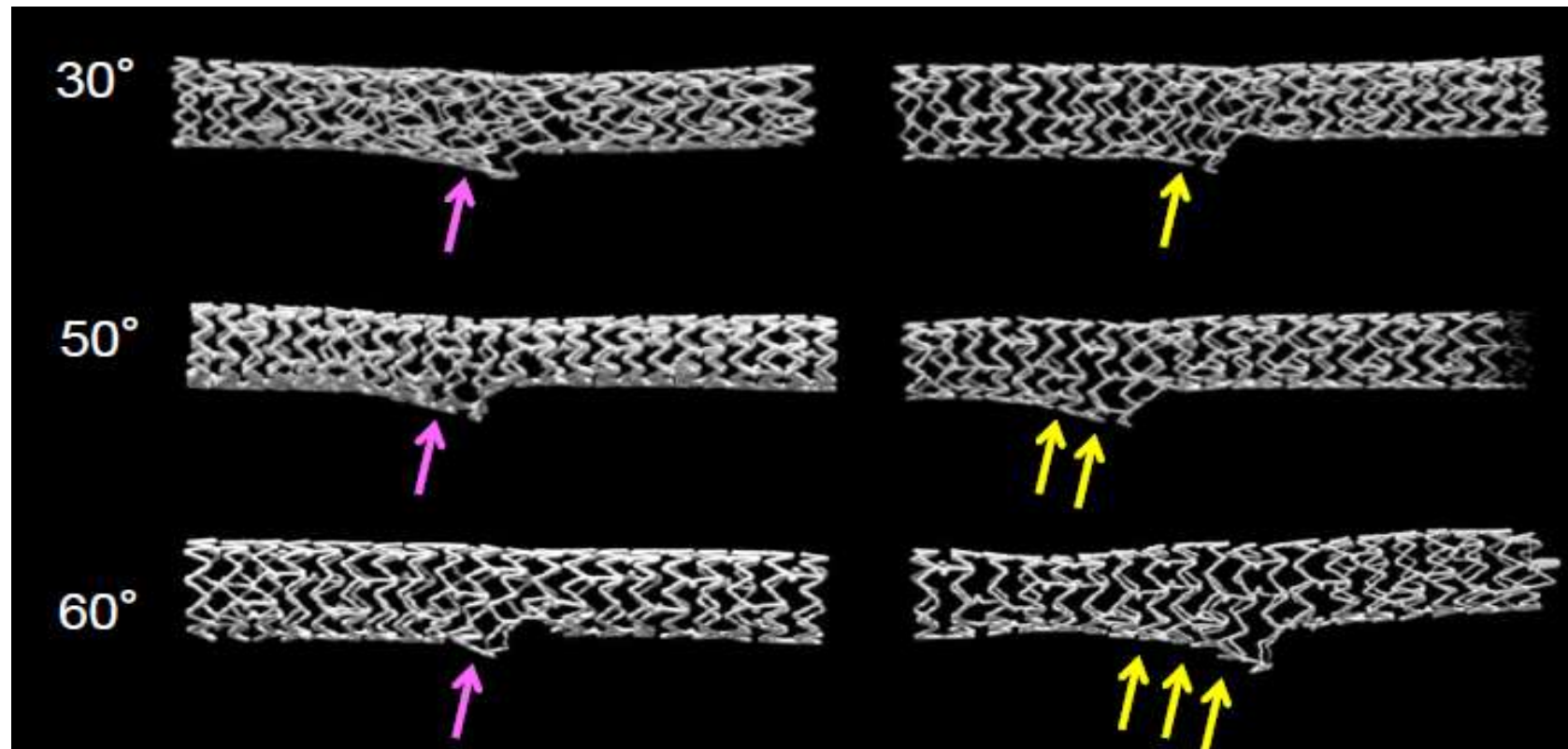




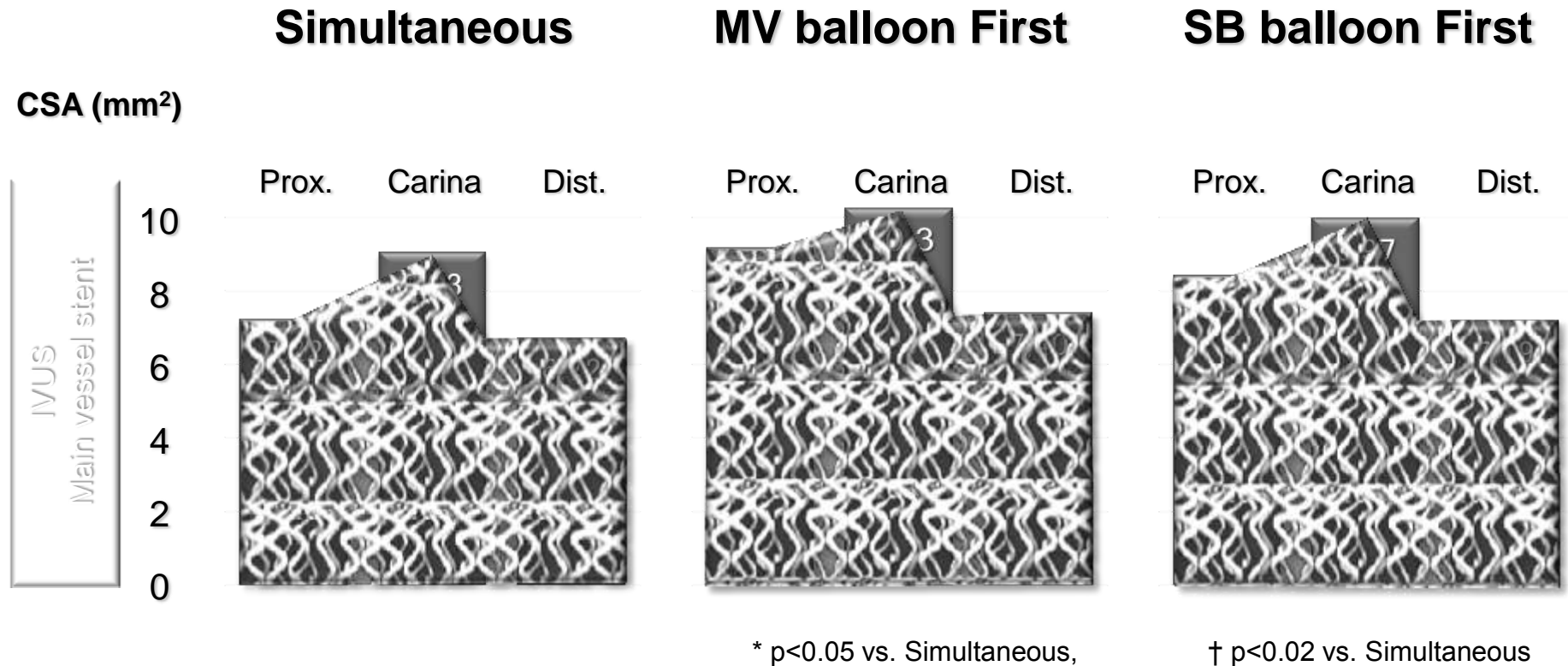
## Optimal FKB in The Bench

Minimal overlapping

Long overlapping



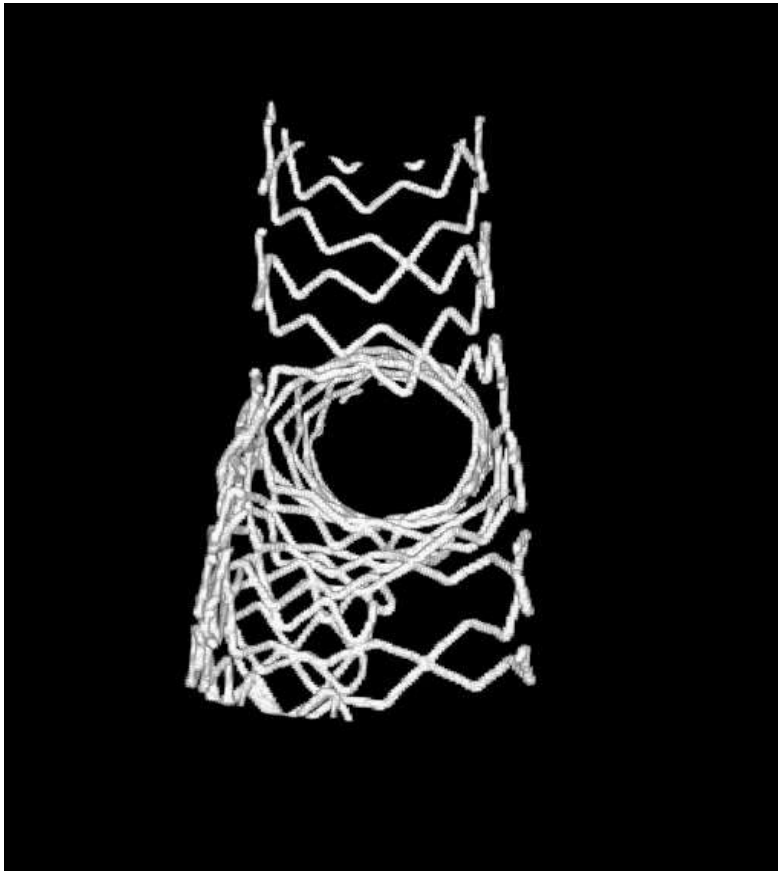
# Optimal FKB in The Bench





## Optimal FKB in The Bench

**12atm\*60sec**

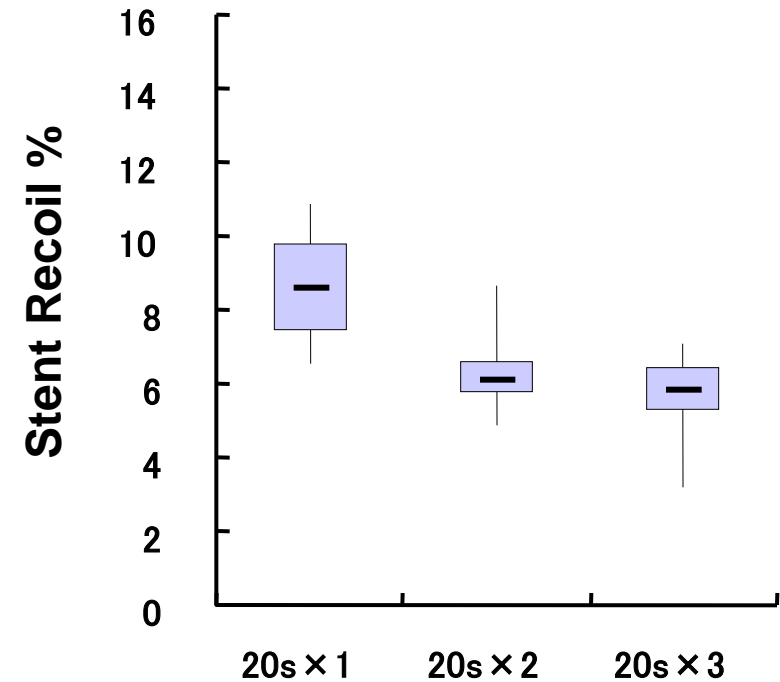
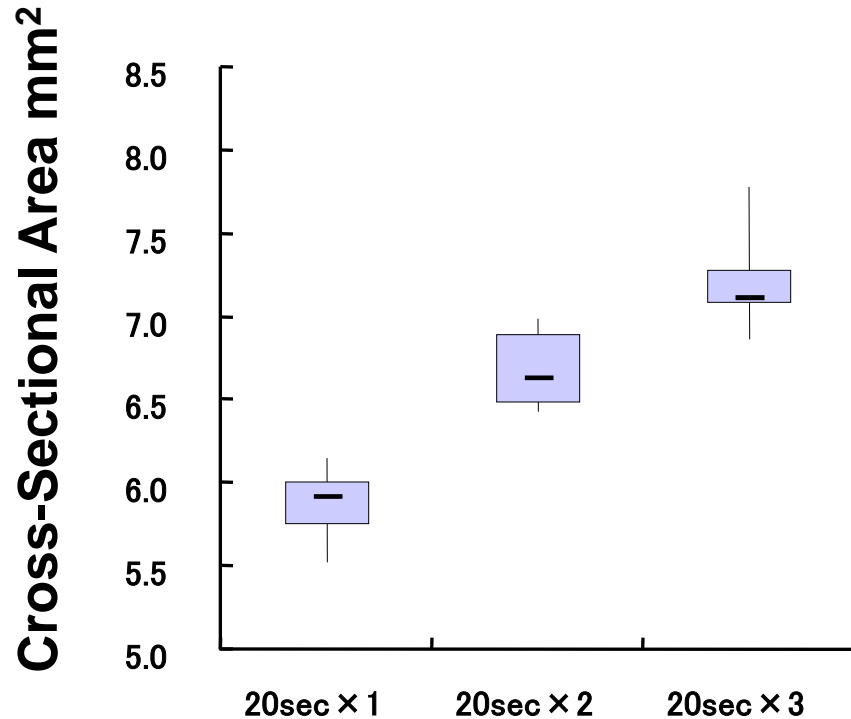


**12atm\*5sec**



# Optimal FKB in The Bench

## 20 seconds of inflation is not enough



# Alternatives to kissing ?



# Kissing Balloon inflation technique : bench test analysis with BSCI stents

T. Mickley, D. Larson

JL. Leymarie, O. Darremont



# Kissing Balloon Technique Study Results

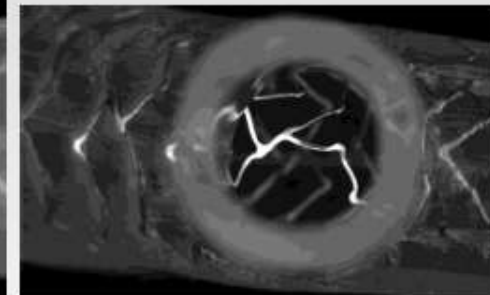
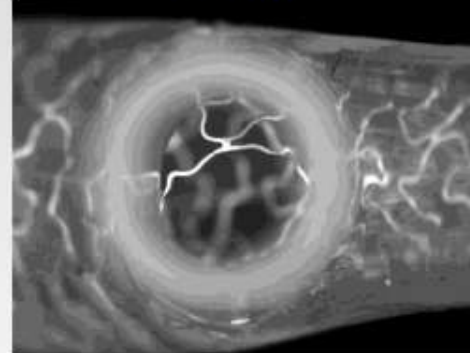
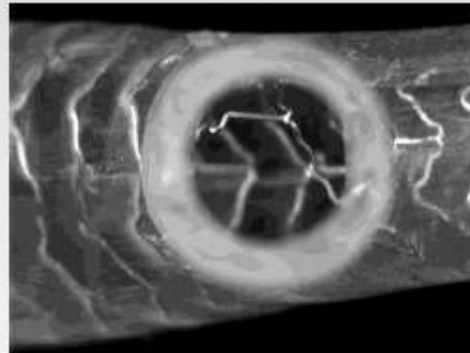
Inflation of side branch 1<sup>st</sup> results in less malapposed metal in the side branch

PROMUS/Xience V

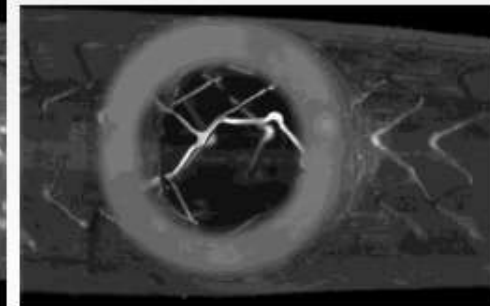
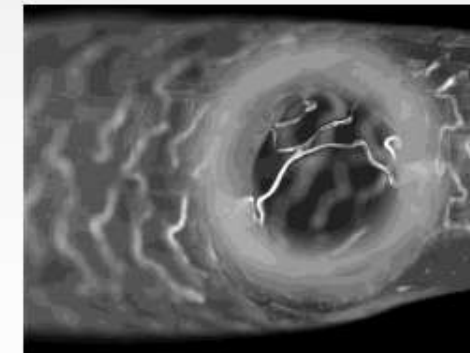
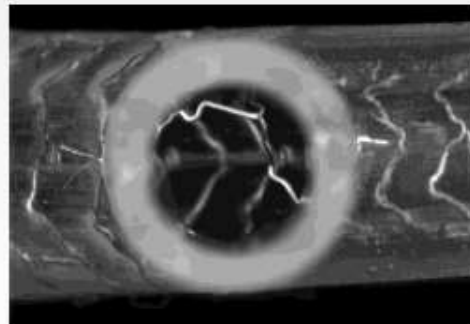
Liberte

PREMIER

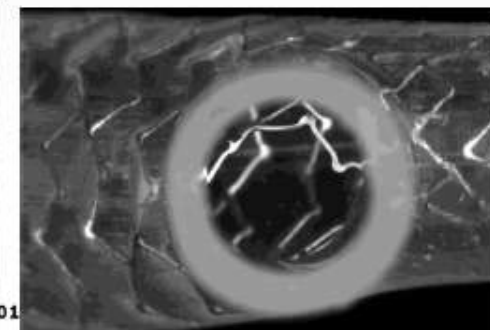
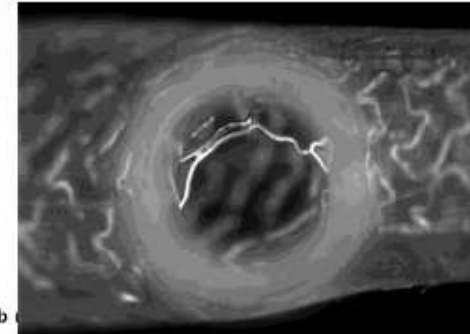
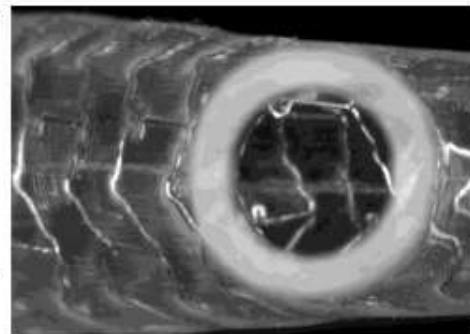
Main Artery  
Inflation  
Started 1<sup>st</sup>  
with Kissing  
Balloons



Direct  
Kissing  
Balloons



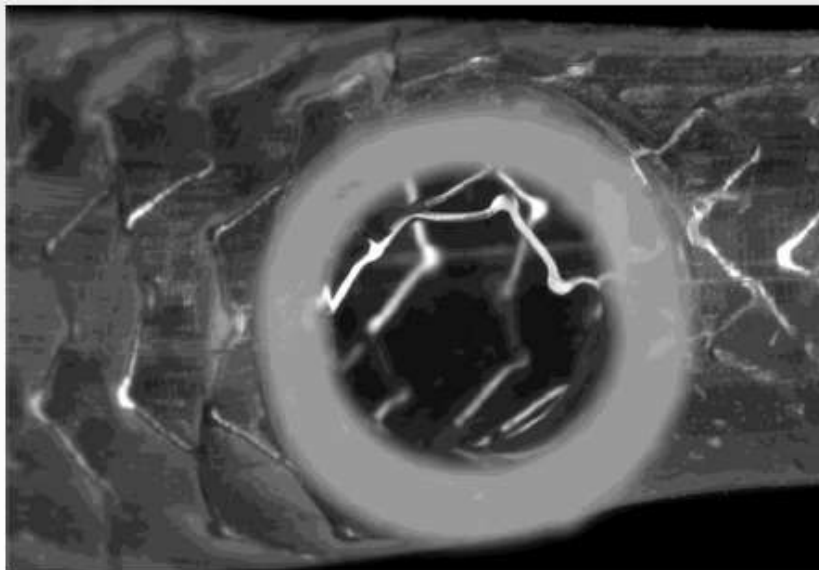
Side Branch  
Inflation 1<sup>st</sup>  
then Direct  
Kissing  
Balloons



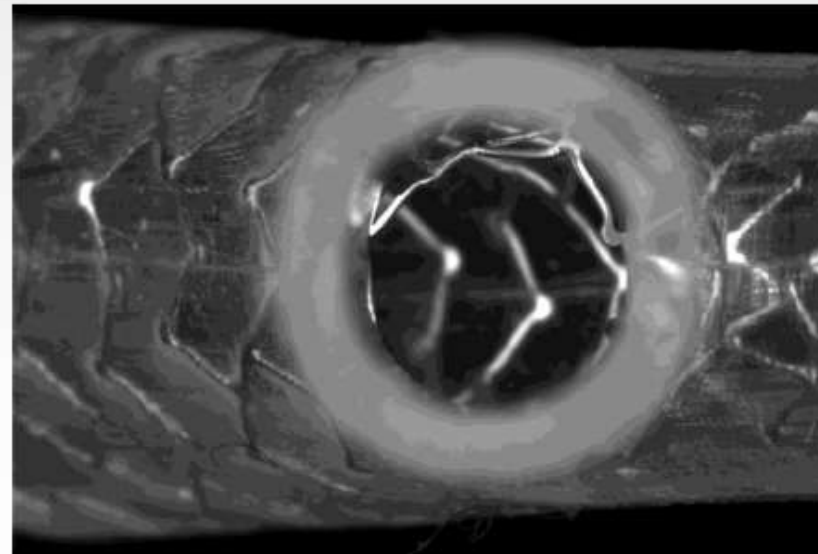


## Kissing Balloon Technique Study Results

Side branch 1<sup>st</sup> with one  
inflation then kissing balloons



Side branch 1<sup>st</sup> with three  
inflations then kissing  
balloons

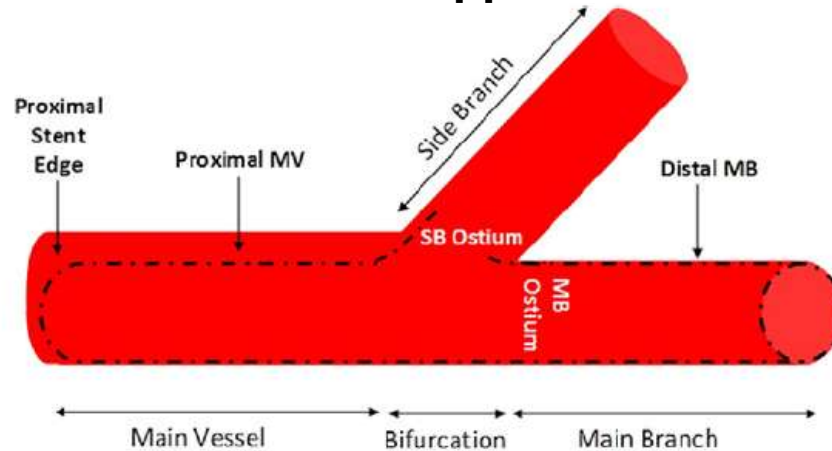


- Further inflation of the side branch (three times versus one time) prior to kissing balloons results in similar to better side branch opening and metal apposition.



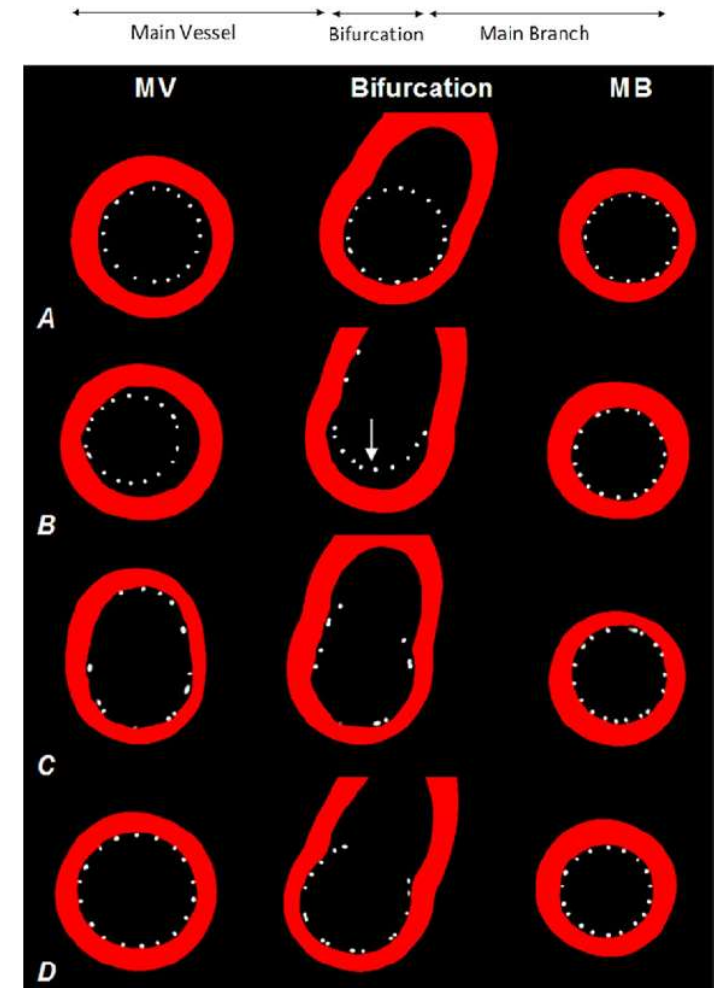
# Kissing or sequential dilation of the side and main vessel for provisional stenting of bifurcations: Micro-Computed Tomography and Simulations

## Stent Apposition in 3 Different MV Cross Sections



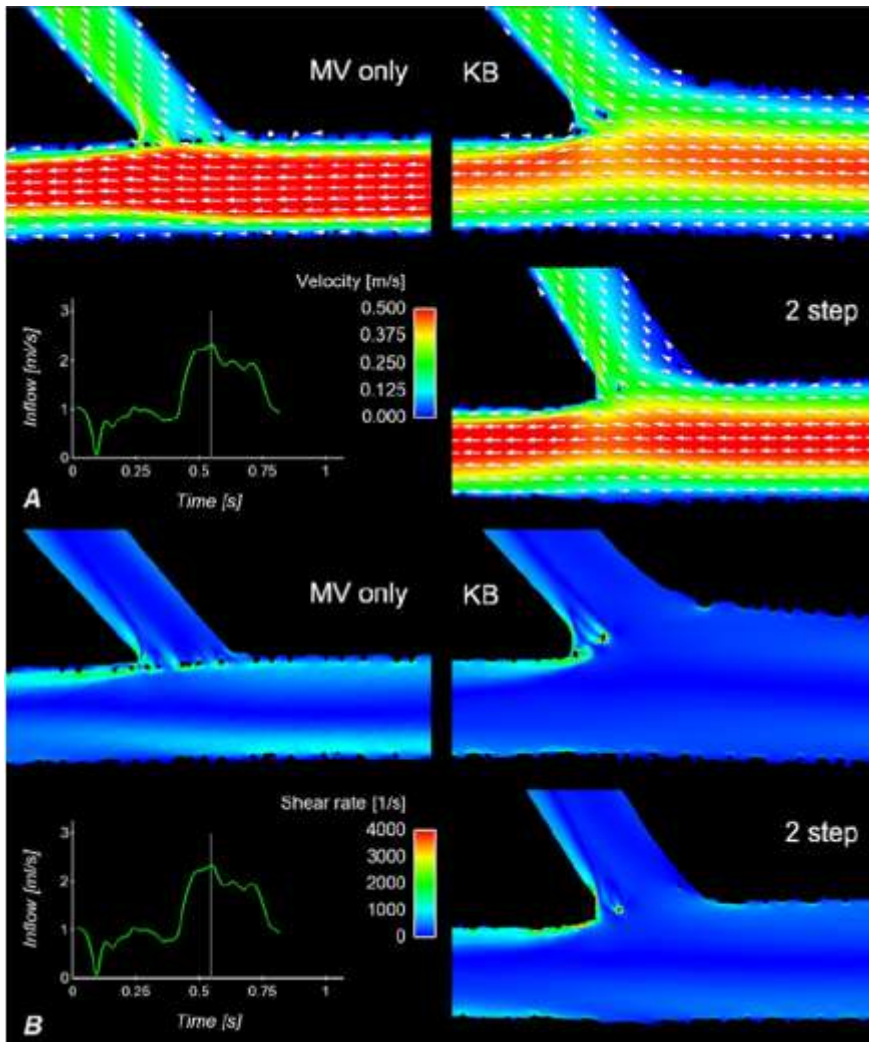
5 mm proximal to the SB, in the bifurcation, 5 mm distal to the SB:

- (A) MV stenting: Incomplete apposition proximal / SB ostium
- (B) SB dilation: malapposition opposite the SB ostium
- (C) KB: overlapping balloons = distortion in the proximal MV
- (D) POT: full circular expansion of the stent in the proximal



# Kissing or sequential dilation of the side and main vessel for provisional stenting of bifurcations: Micro-Computed Tomography and Simulations

## Computational Flow Simulation

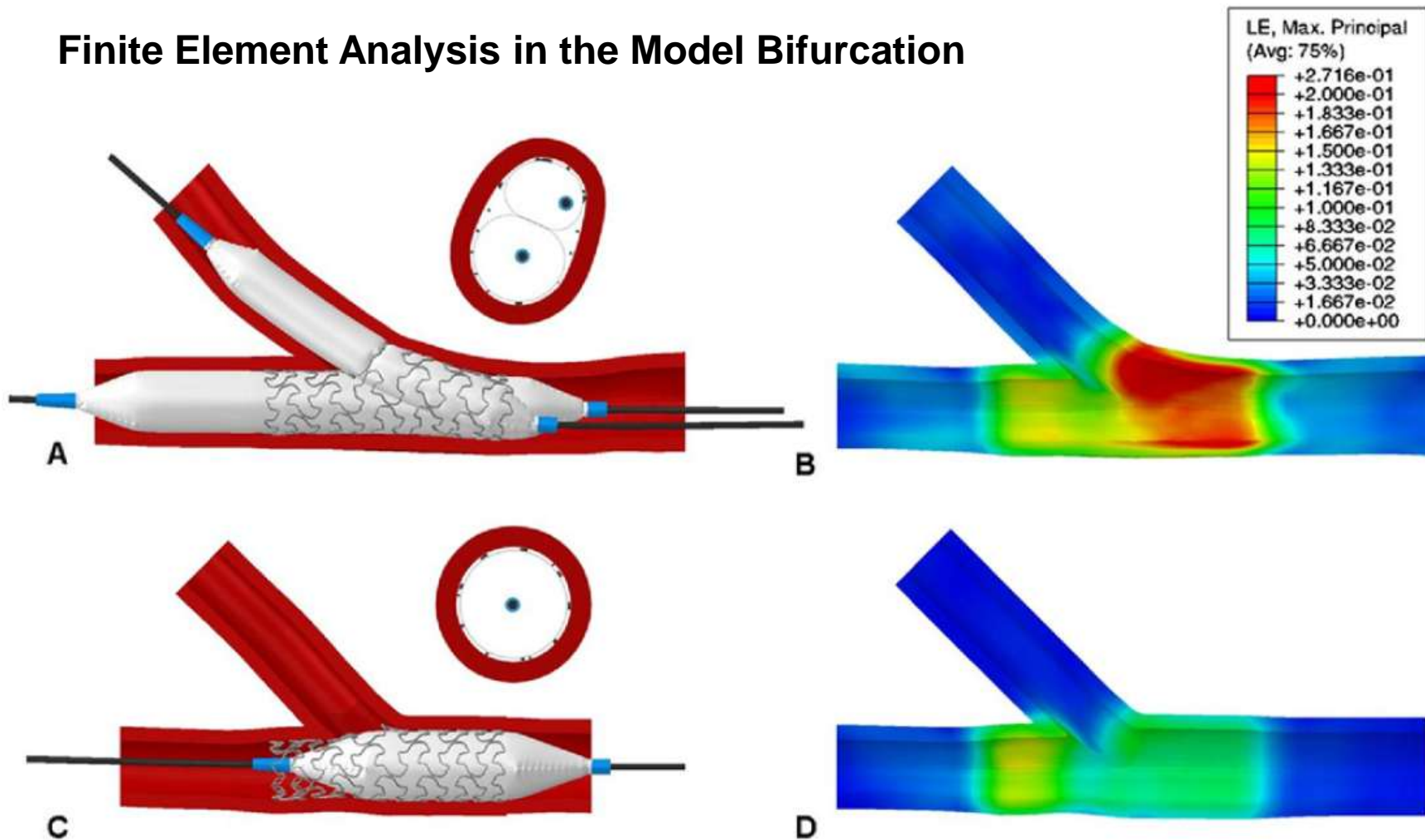


Computational flow simulation of the velocity field **(A)** and shear rate **(B)** in cases representative of provisional technique with MV stenting only and post-dilation with KB or the sequential 2-step SB–MV dilation.

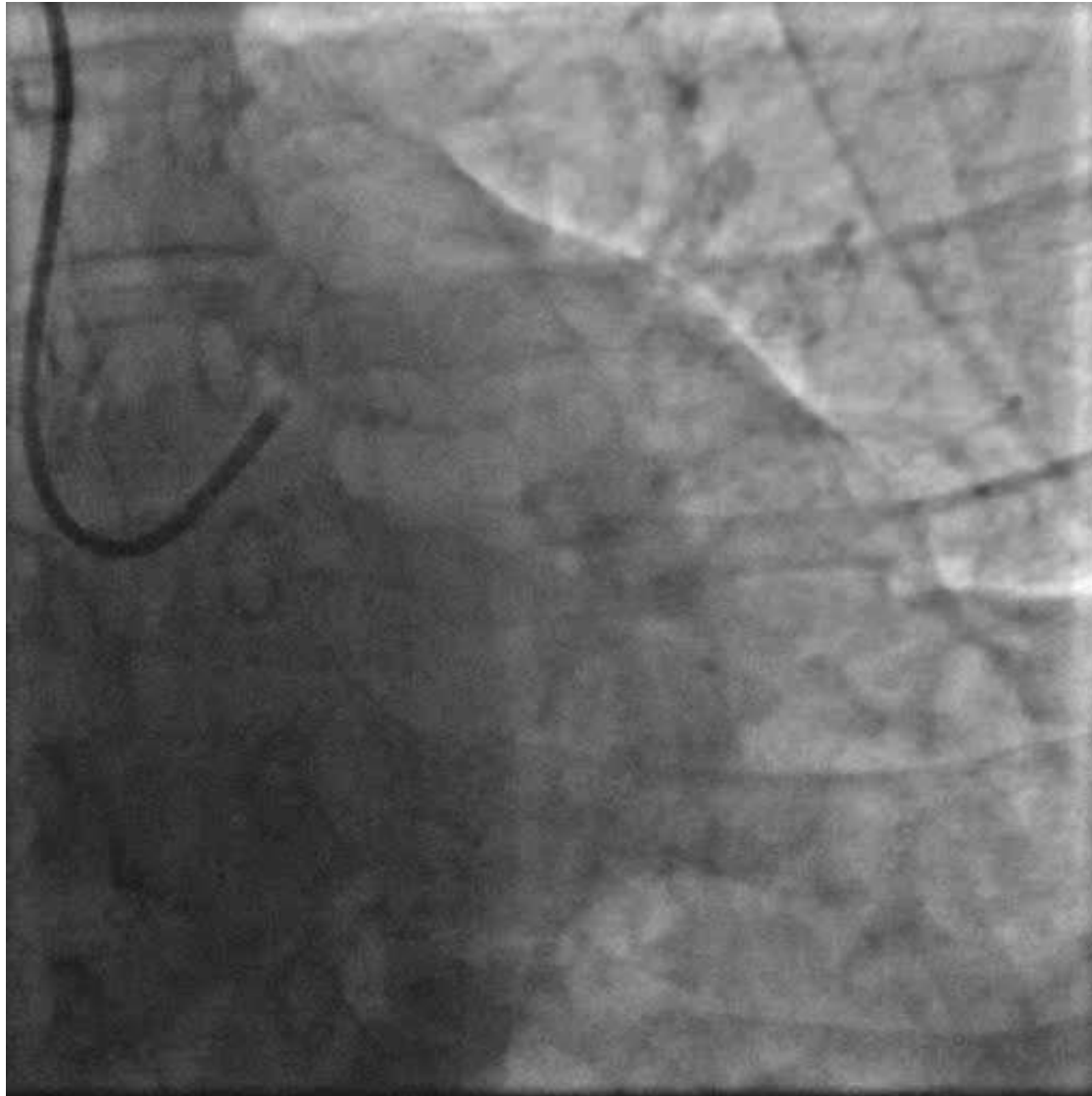


# Kissing or sequential dilation of the side and main vessel for provisional stenting of bifurcations: Micro-Computed Tomography and Simulations

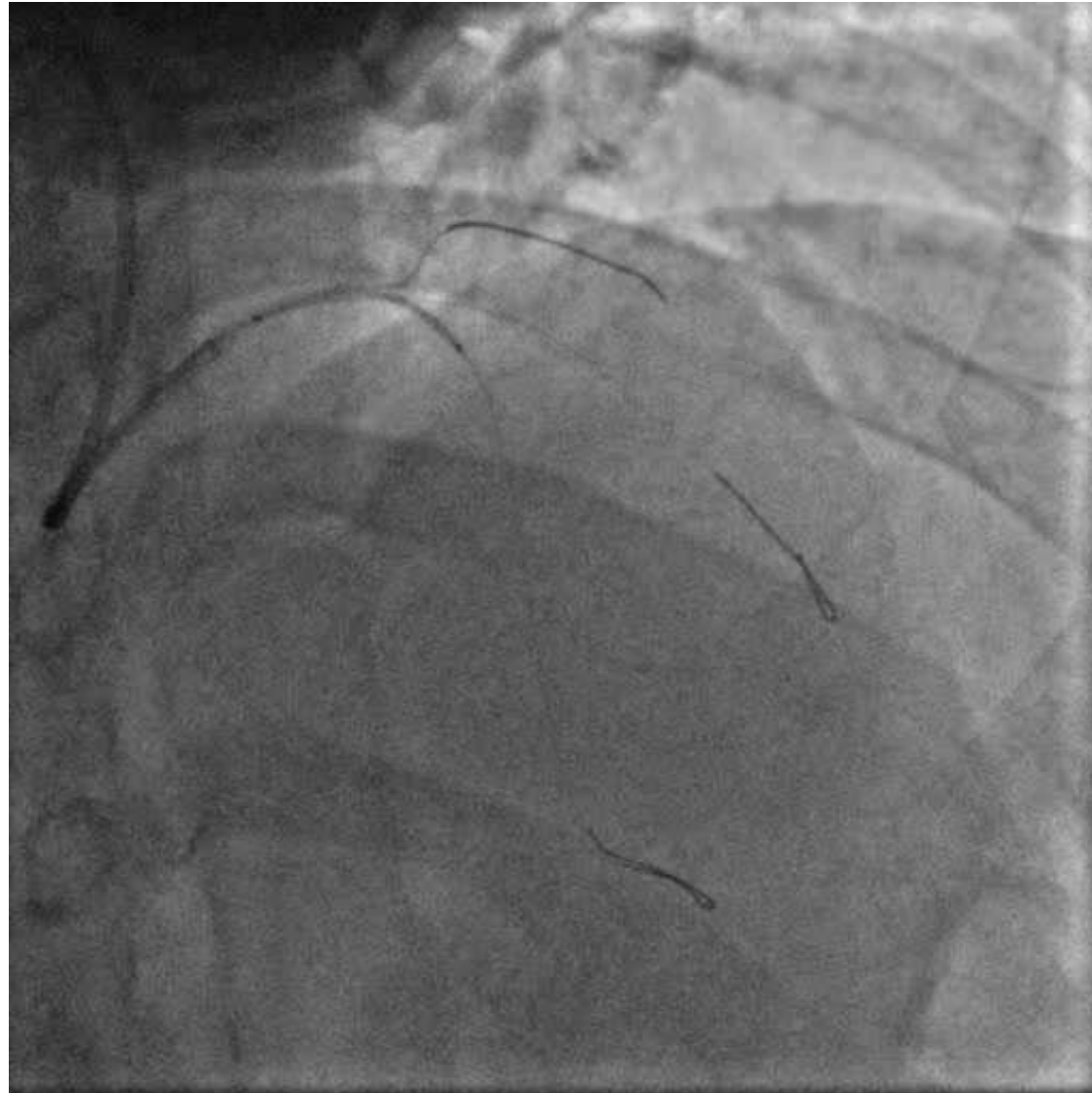
## Finite Element Analysis in the Model Bifurcation



# POT and kissing in a LM



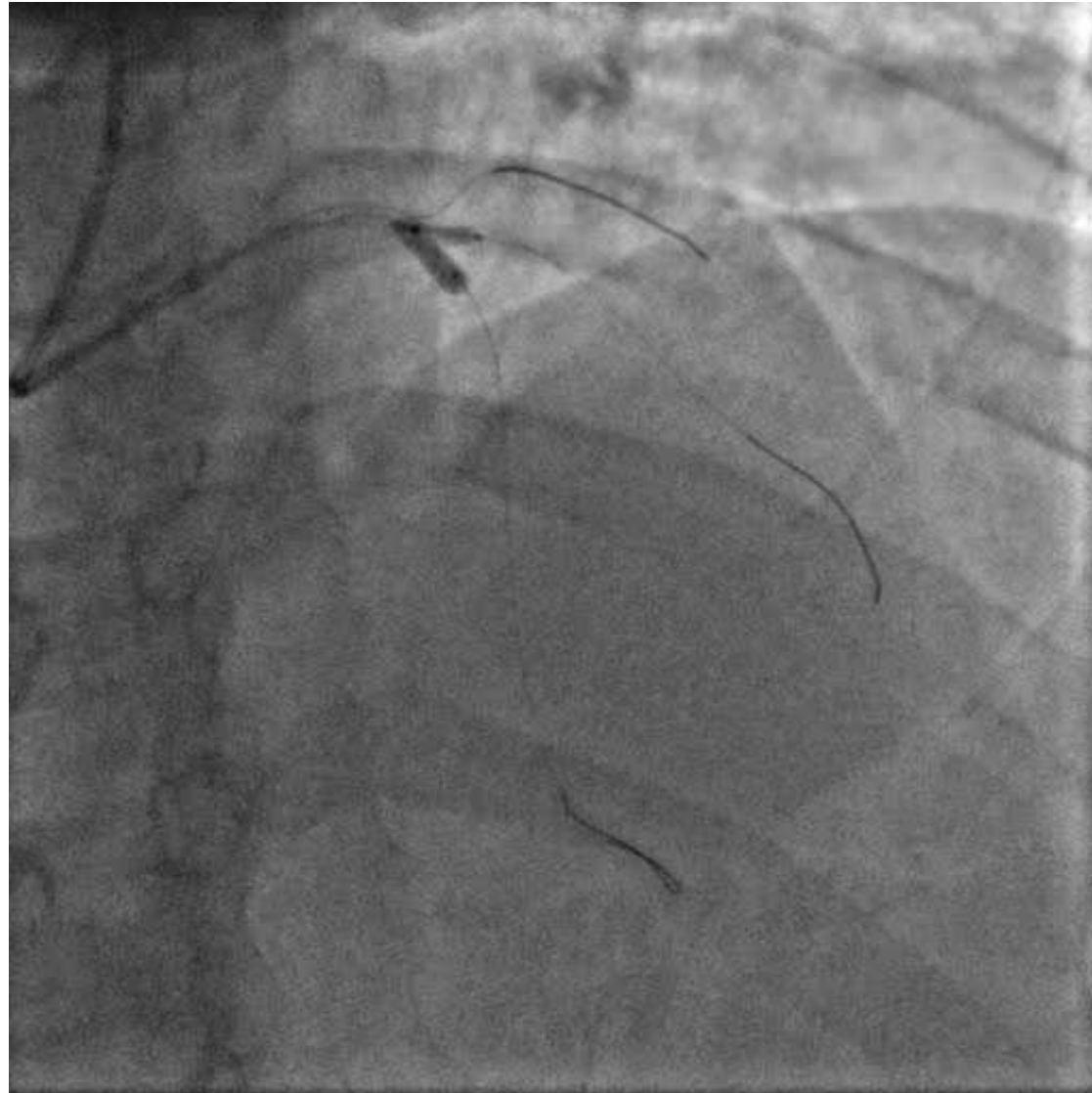




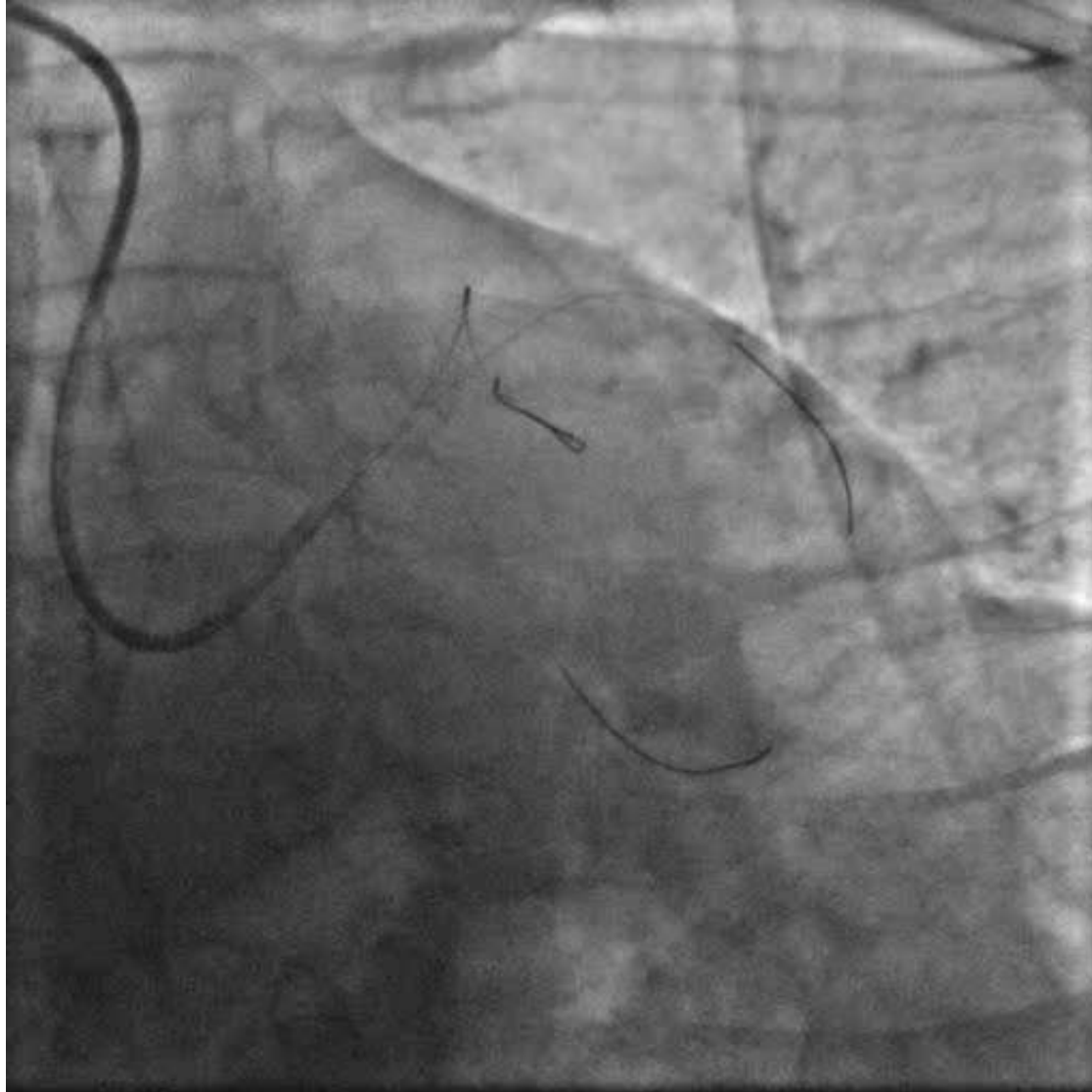








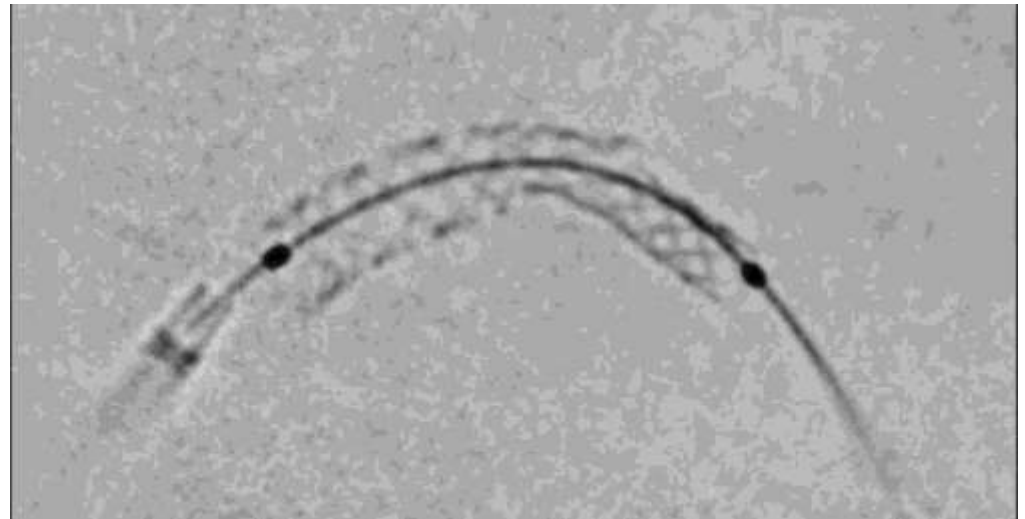
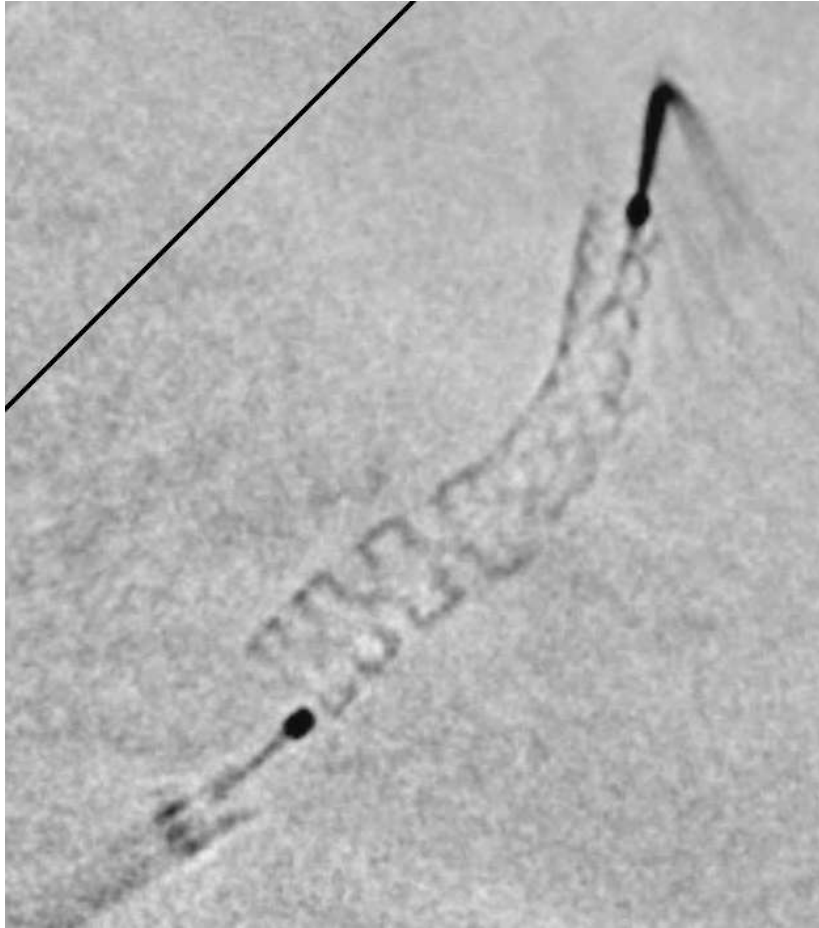


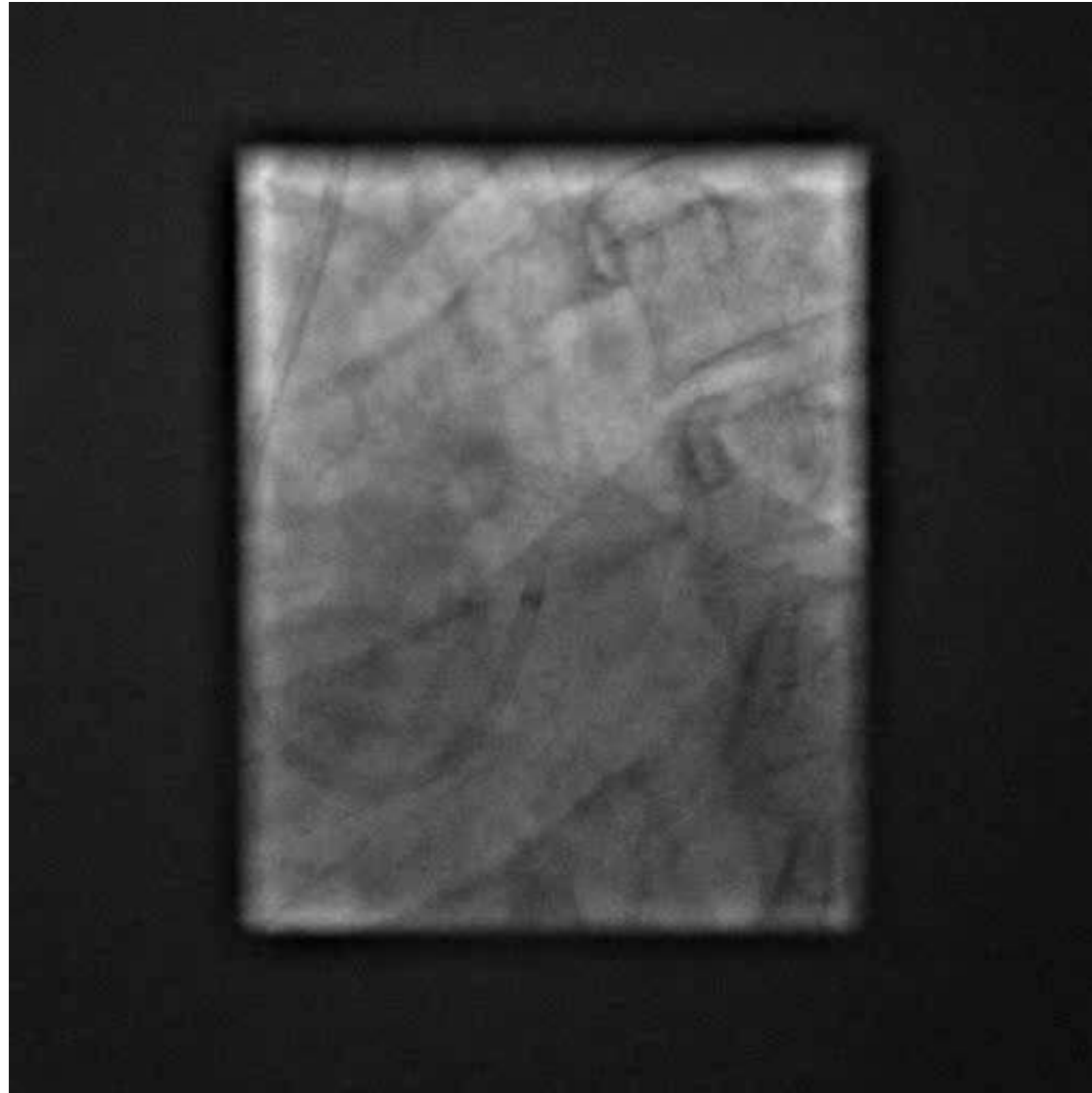
















## Conclusions

- POT is an important technique for technical (SB access, safe wire exchange) and physiological reasons, and possibly for prevention of restenosis / thrombosis (not only in provisional stenting).
- Kissing balloon inflation is improving poor SB results and release the big jailed SB (future access), without harm if properly performed.
- No demonstration of any clinical short time advantage.
- Kissing balloon inflation is challenged by SB balloon + POT (option for BVS).